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**Tuesday**



Marchers in D.C. call attention to hate crimes.

**Crime Spike:** Hate crimes up 8 percent in '06, FBI says | **3**

**Charity Slump:** Mortgage fallout strains food banks | **5**



**Thrown Away:** Late interception overshadows a great day | **11**

## ENTERTAINMENT

**The Show Goes On:** In the midst of the writers strike, *Frank TV* debuts. Also, music from Ms. Keys.

>> **22-27**



## Bangladesh Death Toll Could Hit 10,000



**SLOW RECOVERY:** Villagers line up for aid in Patargata, south of Dhaka, Bangladesh, on Monday. The Red Crescent Society, the Islamic cousin of the Red Cross, warned the death toll from Bangladesh's worst cyclone in a decade could rise to 10,000. **Cyclone horror:** Survivors recount deadly storm | **Page 6**

## Troubling Trend in Heart Data

Study finds no decline in deaths among adults under age 45

ATLANTA | For decades, heart disease death rates have been falling. But a new study shows a troubling turn — more women under 45 are dying of heart disease due to clogged arteries, and the death rate for men that age has leveled off.

Heart experts aren't sure what went wrong, but they think increasing rates of obesity and other risk factors are to blame.

The rates will have to be monitored to see

if this is the beginning of a real trend. But if the data hold, the new study may be an early glimpse of the impact of escalating obesity and diabetes on U.S. deaths, said Wayne Rosamond, a University of North Carolina epidemiology professor and expert on heart disease statistics.

The overall trend is still positive: From 1980 through 2002, the death rate from blocked heart arteries was cut in half for

men and women over 35. Improvements in treatment and preventive measures, including cholesterol-lowering medications, get the credit.

But what's going on with younger adults is startling, said Dr. Anthony DeMaria, editor of the Journal of the American College of Cardiology, which is publishing the study and released it Monday. "I view this paper as a wake-up call that says there is a very important segment of our population that needs some attention." (AP)

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TUESDAY 62/49 WEDNESDAY 68/53 THURSDAY 64/43

**TODAY:** A warmer day with light winds and a mix of clouds and sun | **38**



# eyeOpeners

## PETS

### Canine Treated for Stockholm Syndrome

It might be understandable for a dog to run away from a veterinary clinic where it had just been fixed. But a vet in Joplin, Mo., said the reverse happened last week. Dr. Steve Walstad said a dog named Radar was waiting outside his office on Nov. 11, three days after the dog's owner picked up his pet after surgery and several weeks of boarding. Walstad said that, in his 28-year career, he has never heard of a dog returning to a vet's office. Radar's owner had been looking for a new home for the dog and offered to let the vet keep him. The clinic is building new sleeping quarters for Radar at the rear of the building. (AP)



## LONELY

### Obsolete Technology Just Wants a Friend

A rogue cellphone is not accepting calls, but it sure likes to dial 911 operators. Operators in Waterloo, Iowa, said they received about 400 calls from the same phone last week and that no one seems to be on the other end. Officials can't locate the phone but have figured out that it's an old line not currently associated with a provider. Such phones can still place 911 calls. The cellphone can't receive calls, and emergency workers haven't been able to track the owner through service records, either. Until the source of the calls is found or they stop, dispatchers still have to answer every call just in case someone has an emergency. (AP)



AP/GETTY IMAGES/AP

## REPLACEMENTS

### Give Him A Hand

A daredevil French climber nicknamed "Spiderman" scaled part of a mountain in southern China using only his bare hands, months after he was banned from the country for clambering up Shanghai's tallest building without permission. Alain Robert, known for scaling the world's tallest buildings, climbed 656 feet without equipment Sunday, arriving near the top of Hunan province's Tianmen Mountain. Local officials had invited Robert to climb their peak. (AP)

## SECRETS

### 'The Outside World Is So Overrated, Hon'

It's easier than you'd think to hide a big lottery win from your spouse. Arnim

Ramdass disconnected his home's phone line and kept the TV off after he and 16 co-workers won \$19 million in a lottery pool—but his cover was blown when wife Donna Campbell found a postcard reading "Congratulations on

the purchase of your new home." She Googled his name and the word "lottery," and the truth came out. Now Campbell is suing Ramdass, who is missing, for her share of his \$600,000 windfall, the Miami Herald reported. (EXPRESS)



Can't Stop Drinking?



### ALCOHOL WITHDRAWAL CAUSING SHAKES & ANXIETY?

The National Institute on Alcohol Abuse and Alcoholism is studying the use of the medication Acamprosate for alcohol withdrawal. The study includes alcohol detox and a four-week inpatient alcohol treatment program at the NIH hospital in Bethesda, MD. For more information call:

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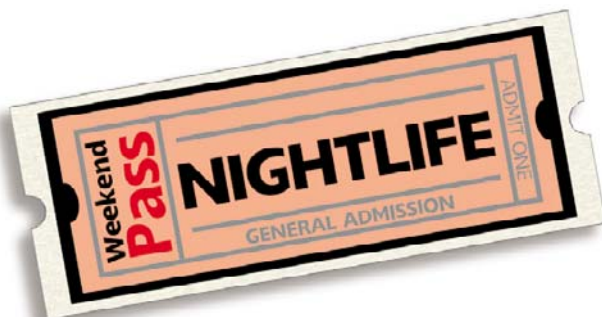


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**LOST REVENUE:** Contractors in Rochester, N.Y., have discovered an unopened letter in the historic home of Susan B. Anthony. The letter — dated April 2, 1901 — included a \$41.06 paycheck for Anthony's salary as clerk of the National Woman's Suffrage Association.

## Nation

### In Brief



The Baton Rouge Fire Department sprays water on a smoldering building.

#### BATON ROUGE Fire Kills 3, Injures 11 At Apartment Complex

A late-night fire spread quickly through parts of a large apartment complex, killing three people and prompting terrified residents to leap from second- and third-story windows, officials said. Firefighters remained on the scene Monday, spraying water on the smoldering buildings after it took nearly six hours to get the flames under control. Eleven people were injured. (AP)

#### BOSTON Chairman of Sept. 11 Panel Backs McCain's Candidacy

The chairman of the panel that examined the nation's security before Sept. 11, 2001, and the aftermath of the terrorist attacks announced Monday he was endorsing Sen. John McCain — and not former New York Mayor Rudy Giuliani — for president. Former New Jersey Gov. Thomas Kean said the Arizona senator is best equipped to serve in the White House. (AP)

# Hate Crimes Up 8 Percent, FBI Says

## Police reported 7,722 incidents in '06; most involved racial bias

WASHINGTON | Hate crime incidents rose nearly 8 percent last year, the FBI reported Monday, as civil rights advocates increasingly take to the streets to protest what they call official indifference to intimidation and attacks against blacks and other minorities.

Police across the nation reported 7,722 criminal incidents in 2006

### BEHIND THE NUMBERS

→ Since the FBI began collecting data on hate crimes in 1991, the most frequent motivation has been racial bias, accounting for 51.8 percent of incidents in 2006, down from 54.7 percent in 2005.

→ Also in 2006, religious bias was blamed for 18.9 percent of hate crime incidents; sexual orientation bias for 15.5 percent, and ethnic or national origin for 12.7 percent.

targeting victims or property as a result of bias against a race, religion, sexual orientation, ethnic or national origin, or physical or mental disability, the FBI said Monday. That was up 7.8 percent from 7,163 incidents reported in 2005.

More than half the incidents were motivated by racial prejudice, but the report did not even pick up all the racially motivated incidents last year.

Although the noose incidents and beatings among students at a Jena, La., high school occurred in

the last half of 2006, they were not included in the report.

Nevertheless, the Jena incidents, and a subsequent rash of noose and other racial incidents across the country, have spawned civil rights demonstrations that culminated last week at Justice Department headquarters here.

The department said it investigated the Jena incident but decided not to prosecute because the federal government does not typically bring hate crime charges against juveniles.

MICHAEL J. SNIFFEN (AP)

### CHARLES CITY, VA. | HUGS FOR THE HOLIDAYS



**TURKEY DAY TALK:** President Bush pulls in close to get his photo taken with two members of the various Virginia American Indian tribes who came to Berkeley Plantation on Monday to hear him deliver a Thanksgiving message. Earlier in the day, Bush stopped by a Richmond, Va., food bank that gives millions of pounds of groceries to needy families.

## Official Wants High Seat Backs In School Buses

MORRISVILLE, N.C. | U.S. Secretary of Transportation Mary Peters proposed new rules Monday to improve the safety of school bus seats and expand the use of shoulder belts.

Peters rode a packed school bus to Morrisville Elementary School, among the first schools in the country to equip some of its new buses with seat belts, then said she wants to increase the height of seat backs on all school buses from 20 inches to 24 inches to help protect children during accidents.

Peters also proposed a new requirement for short school buses — the style more prone to rollover accidents — to begin using shoulder straps. (AP)

# Allergies?

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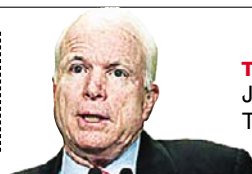
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## Nation



**TURKEY TRIP:** Republican presidential candidate John McCain will visit the troops in Iraq over the Thanksgiving holiday, a campaign adviser said.

# Bush Adviser Steps Down

## Townsend leaves post in Homeland Security after 4 1/2-year tenure

**WASHINGTON** | Fran Townsend, the leading White House-based terrorism adviser who gave public updates on the extent of the threat to U.S. security, is stepping down after 4½ years.

President Bush said in a statement Monday that Townsend, 45, "has ably guided the Homeland Security Council. She has played an integral role in the formation of the key strategies and policies my administration has used to combat terror and protect Americans."

Her departure continues an exodus of key Bush aides and confidants, with his two-term presidency in the final 15 months. Top aide Karl Rove, along with press secretary Tony Snow, Attorney General Alberto Gonzales, Defense Secretary Donald Rumsfeld and senior presidential adviser Dan Bartlett, have already left.

Townsend said she hates to leave when figures like Osama bin Laden and al-Qaeda's No. 2 leader, Ayman



The White House announced Monday that Homeland Security adviser Fran Townsend is resigning. Townsend said she is taking a break from public service.

**“She has played an integral role in the formation of key strategies ... used to combat terror.”**

**PRESIDENT BUSH**

al-Zawahri, remain at large. "Do I wish that I was going to be standing here when they are captured or killed? Absolutely. But I have no doubt that we will ultimately be successful," she said.

Townsend decided it was time to take a break from government work — only a break, she insisted — and look for a job in the private sector. BEN FELLER (AP)

## Ga. Boys Ages 8 And 9 Charged With Raping Girl

**ACWORTH, GA.** | Three boys, ages 8 and 9, were being held Monday in a detention center on charges of kidnapping and raping an 11-year-old girl near a suburban apartment complex, officials said.

The alleged attack happened Thursday and the girl's mother reported it to authorities Sunday, Acworth police Capt. Wayne Denard said.

The three boys were charged with rape, kidnapping, false imprisonment and sexual assault, Denard said. Acworth Police Chief Mike Wilkie said the investigation is "far from over," and investigators are looking into claims that after the alleged attack, the girl talked about it with her friends at a slumber party. (AP)

## Holiday Travel Season Kicks off With Delays

### Radio problems snag Dallas flights; fog is an issue in Atlanta

**DALLAS** | Radio communications were disrupted at both Dallas-Fort Worth International Airport towers early Monday, while fog, snow and wind threatened to hamper one of the busiest travel holidays of the year elsewhere.

Flights in and out of Dallas were delayed by as much as an hour. Airport spokesman Ken Capps said in an e-mail that the problems were repaired at both towers after about 30 minutes.

In Atlanta, fog reduced visibility across the metro area to a quarter-mile and delayed flights by as



A man leaves Bob Hope Airport in California, which was closed for fog.

much as 30 minutes during the morning rush.

The FAA said flights bound for New York's LaGuardia International Airport and Chicago's O'Hare International Airport were also experiencing delays of more than an hour. (AP)



## Nation



Julie Rack stocks nearly empty shelves at the St. Vincent Food Pantry in Cincinnati. Food banks across the country are straining to meet a growing demand.

# Food Banks Wary Of Housing Woes

Charities see greater need for services even as donations decline

WASHINGTON | The housing market bust has punished home builders, lenders and investors. Now the homeless and the hungry may be victimized.

Charity executives are nervously monitoring the mortgage debacle while food and energy costs continue to rise. Food banks and homeless shelters are already grappling with reduced federal aid as fears grow that more people will need help just as charitable giving starts to decline.

Shelters and food banks are already reporting more need among households. One shelter in Minneapolis served as many people by the end of September as in all of last year. In New York, food banks are serving 24 percent more people but

receiving half as much federal aid as in 2004.

The backbone of those charities — U.S. households with \$200,000 or more in annual income or more than \$1 million in assets — are also the ones most likely hit by the recent drop in stock prices sparked by the mortgage mess, according to research.

Federal data show food costs up 4.5 percent this year, with even bigger price increases in staples like milk and eggs, said Stephanie Nichols, public relations manager at the Greater Boston Food Bank.

Without the promise of increased federal help, charitable groups are urging people to give as much as they can.

"We are hoping people will recognize now more than ever that we need their help," said Aine Duggan, vice president for government relations at the Food Bank for New York City. CHRISTOPHER S. RUGABER (AP)



**TOY SUIT:** California Attorney General Jerry Brown on Monday sued 20 companies, including Mattel Inc. and Toys "R" Us, claiming they sold toys containing "unlawful quantities of lead." The lawsuit, filed in Alameda County Superior Court, alleges the companies knowingly exposed children to lead and failed to provide warning of the risk. (AP)



Macy's Metro Center

## Holiday Window Unveiling

Macy's Kids' Mini Parade and more!

When: Tuesday, November 20 at 4:30pm



**The wait is almost over... we're ready to reveal what's behind the curtains!** Be among the first to get a peek at our magical Holiday Windows on G Street as we officially kick off the season! Afterwards, join us inside the store and warm up with hot cocoa as you enjoy the sounds of **The Washington Youth Choir!** Be sure to bring the kids, because they're going to love the afternoon of excitement we've got planned!

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# World



**THE HEAT IS ON:** Wildlife experts in northeastern India are using super-hot chilies to prevent elephants from trampling homes and people. Conservationists smear fences with automobile grease and bhut jolokia — certified as the world's hottest chili by the Guinness Book of World Records.

## Report: Kids Caught in Onslaught

**U.N. department says Afghan kids killed 'at close range' Nov. 6**

KABUL, AFGHANISTAN | Afghan lawmakers' bodyguards fired indiscriminately into a crowd after a suicide bombing and children bore the brunt of the onslaught, according to an internal U.N. report obtained Monday. The report calls the shooting deliberate and criminal.

The United Nations mission in Afghanistan said the report is one

of several conflicting views inside the world body and has not been officially endorsed.

The report by the U.N. Department of Safety and Security said it was not clear how many people died in the suicide bombing and how many died from gunfire that erupted after the Nov. 6 attack in Baghlan province. Sixty-one students and six lawmakers were among those killed.

The report said as many as two-thirds of the 77 people killed and more than 100 wounded were hit

by gunfire. But it also said some estimates of the number of people shot were much lower, a likely reference to the Afghan government's estimate. It described the gunmen's actions as crimes.

"Regardless of what the exact breakdown of numbers may be, the fact remains that a number of armed men deliberately and indiscriminately fired into a crowd of unarmed civilians that posed no threat to them, causing multiple deaths and injuries," the report said.

"It is believed that at least 100

rounds or more were fired into the crowd with a separate group of schoolchildren off to one side of the road bearing the brunt of the onslaught at close range," it said.

Though the U.N. report described the firing as deliberate, some witnesses told The Associated Press that there was a blanket of smoke at the blast site so thick that they couldn't see who was shooting. Other witnesses, though, could see clearly enough to identify the gunmen as the lawmakers' bodyguards. (AP)

## Ex-Khmer Leader Arrested

**Last of 5 regime officials charged by tribunal in Cambodia**

PHNOM PENH, CAMBODIA | Cambodia's U.N.-backed genocide tribunal arrested the former Khmer Rouge head of state and charged him Monday with crimes against humanity and war crimes, a spokesman said.

Khieu Samphan was the last of five senior officials of the brutal regime to be taken in custody ahead of a long-delayed genocide trial.



Khieu Samphan

Police arrested Khieu Samphan, 76, at a Phnom Penh hospital where he had been undergoing treatment since Nov. 14 after a stroke. Officers held his arms to support him as they led him to a police car, which sped away in a heavily guarded convoy.

Khieu Samphan later was "formally charged with crimes against humanity and war crimes" during his appearance before the co-investigating judges, said tribunal spokesman Reach Sambath. Samphan's lawyers plan to appeal his detention.

The arrest came almost three decades after the Khmer Rouge fell from power, and many fear the aging suspects could die before being brought to justice. After years of delays, the trial is expected to begin in 2008. KER MUNTIT (AP)

## In Brief



Palestinian women hold photos of men in Israeli jails at a protest on Monday.

### JERUSALEM, ISRAEL

#### Israel Agrees to Release 441 Palestinian Prisoners

The Israeli and Palestinian leaders made little progress Monday in an effort to narrow gaps ahead of next week's U.S.-hosted Mideast peace conference, dimming hopes for a joint declaration of principles. Israel's Cabinet tried to soften the atmosphere by agreeing to free 441 Palestinians prisoners, one of the largest releases in years. The gesture fell short of Palestinian demands for the release of 2,000. (AP)

### SINGAPORE

#### Asian Summit Cancels Planned Talk by U.N. Envoy

Southeast Asian leaders on Monday canceled a scheduled address by U.N. envoy Ibrahim Gambari on Myanmar, after the military-ruled country objected. The Association of Southeast Asian Nations urged Myanmar to work toward a "peaceful transition to democracy." (AP)



A man examines a shop wrecked by Cyclone Sidr in Gorjonbunia, Bangladesh, on Monday. The cyclone killed more than 3,100.

## Death Toll in Bangladesh Still Rising

**Rescuers estimate cyclone victim tally may reach 10,000**

BARGUNA, BANGLADESH | Azahar Ali huddled with his family, reading from the Quran, as the cyclone roared in. First the power went out, then screaming winds blew out the windows and ripped off the roof. The sea rushed in, washing him

and his family away.

The 80-year-old awoke in a rice paddy to find his son, daughter-in-law, three grandchildren and three other relatives dead, among the more than 3,100 people killed by Cyclone Sidr.

"I have lost everything," he said Monday while recounting the terror of the worst cyclone in more than a decade to hit this low-lying nation of 150 million people.

Details of the devastation began to emerge as rescuers reached areas cut off four days earlier.

At least 3,113 people were known dead and more than 1,000 were missing, said army spokesman Lt. Col. Main Ullah Chowdhury.

Mike Kiernan, of the charity Save the Children, said the final death toll may be between 5,000 and 10,000, but "we won't know for certain for days or weeks." PAVEL RAHMAN (AP)

## HEARSAY | SUBJECT

"We believe he may have committed suicide because it appears the body fell from [the tree]. ... We are not ruling out homicide."

—POLICE SPOKESMAN NORTON LUIZ, ON THE DISCOVERY OF THE BODY OF U.S. BASKETBALL PLAYER TONY HARRIS IN SAO PAULO, BRAZIL, SUNDAY.





**'WHY DON'T YOU SHUT UP?':** Approximately 500,000 people have downloaded Juan Carlos's insult to Hugo Chavez as a ringtone, the BBC reported Monday.

## World

# Court Backs Musharraf

**Pakistani president cleared for new term; court ruling criticized**

ISLAMABAD, PAKISTAN | Judges handpicked by President Gen. Pervez Musharraf took just two hours Monday to quash legal challenges to his disputed re-election as president, paving the way for him to fulfill a promise to quit as army chief, perhaps by the end of the month.

The Supreme Court ruling also might make the U.S.-allied leader more inclined to ease a state of

### KHAN BEGINS STRIKE

→ Jailed Pakistani politician and former cricket star Imran Khan has decided to stop eating and drinking until judges who were fired when Musharraf imposed emergency rule are reinstated, said his ex-wife, Jemima Khan, on Monday. "He plans to keep it up until the judiciary is restored. He could get very thin," she said.

emergency that has bruised relations with opposition leader Benazir Bhutto and Washington.

Still, it further enraged his most bitter opponents, who denounced the purged court's decision as illegitimate and insisted Musharraf will have to give up power to end the political turmoil that is bedeviling the country just as Islamic militants are gaining ground.

The ruling did not certify Musharraf's election.

Sheikh Rashid Ahmad, a Cabinet minister close to Musharraf, said he doubted Musharraf would lift the emergency rule soon, despite the favorable court action Monday.

STEPHEN GRAHAM (AP)

### LONDON | DIAMOND ANNIVERSARY



**ROYAL PROCESSION:** Britain's Queen Elizabeth II and Prince Philip, bottom center, walk into Westminster Abbey Monday at a service to mark their 60th wedding anniversary on Tuesday. Archbishop of Canterbury Rowan Williams addressed the couple and 2,000 guests, including Prince Charles and his wife, Camilla, and Princes William and Harry.

## Ex-Rebel Wins Election in Kosovo

PRISTINA, SERBIA | A former rebel leader's opposition party has won Kosovo's parliamentary election but fell short of enough support to govern on its own, preliminary results showed Monday.

Hashim Thaci's Democratic Party of Kosovo won 36 percent of the vote, defeating the Democratic League of Kosovo, which had controlled parliament and

the province's governing administration for several years, election officials said.

But Thaci's party was widely expected to seek a power-sharing deal with the Democratic League, which came in second with 21 percent of the vote.

Kosovo's ethnic Albanian leaders face a looming deadline for a deal with Serbia to resolve the dispute

over the province's future status.

Thaci initially said he would declare independence immediately after the Dec. 10 deadline if no agreement was reached with Serbia, which opposes a full separation from its southern province.

After calls from the European Union, however, he said Monday he would not move on a unilateral declaration of independence without coordination with the United States and the EU. (AP)

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# Money

15

The total amount, in billions of dollars, Goldman Sachs predicts Citigroup Inc. will be forced to write down in the next two fiscal quarters because of the falling housing market. Shares of the beleaguered bank have been hitting four-year lows.

## Amazon Gambles On E-Book Gadget

New device lets users download best-sellers from wireless network

NEW YORK | Amazon.com Inc. is hoping to invigorate a nascent market for electronic books by introducing its own e-book reader with free wireless connectivity.

Monday's long-anticipated announcement comes as e-books remain a sliver of overall book sales, partly because they lack the comfort and intimacy of bound paper.

Amazon Chief Executive Jeff Bezos said the retailer spent three years developing the Kindle, which the company is selling for \$399.



Jeff Bezos, CEO of Amazon.com, shows the company's e-book reader.

Kindle is thinner than most paperbacks and can hold about 200 books, along with newspapers, magazines and a dictionary.

Readers can download books directly to the Kindle through Sprint Nextel's cellular network without fees or contract commitments. Best-sellers and new releases

## Market Action

### New York Stock Exchange

#### Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Quanex	48.75	+12.01	+32.7
DowneyFn	33.58	+3.59	+12.0
EnerSys	22.80	+2.00	+9.6
Xerium	5.84	+.42	+7.7
DoralFn rs	19.00	+1.30	+7.3

#### Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Gensco	29.98	-9.25	-23.6
Milacrn rsh	3.50	-.68	-16.3
Culp Inc h	7.80	-1.21	-13.4
Tween	27.02	-3.87	-12.5
CntwdFn	10.57	-1.50	-12.4

### NASDAQ Stock Market

#### Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Natrol	4.29	+2.02	+89.0
Pharmion	65.12	+15.84	+32.1
Ziopharm	2.83	+.60	+26.9
EchoStar	47.49	+7.66	+19.2
Iomai	1.35	+.03	+2.3

#### Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
PemcoAvi	3.93	-1.16	-22.8
PacEthn	4.43	-1.27	-22.3
Ashwrth	2.49	-.62	-19.9
GolarLNG	20.18	-4.11	-16.9
FiberTowr	2.15	-.42	-16.3

### Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	7.50	7.50
Fed Funds close	4.44	4.50
3-month disc	3.39	3.17
2-year	3.18	3.41
10-year	4.07	4.22
30-year	4.47	4.60

### Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.4879	.4874	.5280
Canadian Dollar	.9831	.9748	1.1466
European Euro	.6818	.6822	.7803
Japanese Yen	109.85	110.82	117.84
Mexican Peso	10.9917	10.9343	10.9400
Taiwanese Dollar	32.46	32.44	32.94

DOW NASDAQ S&P 500

-218.35	-43.86	-25.47
-1.66	-1.66	-1.75
12958.44	2593.38	1433.27

### Biotech Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
Amgen	54.66	-.83	-20.0
Amylin	38.67	-1.97	+7.2
BiogenIdc	70.25	+.21	+42.8
Celgene	64.00	-.90	+11.2
ChRvLab	61.67	+.22	+42.6
GenProbe	63.86	+.11	+21.9
Genentch	75.14	+.15	-7.4
Genzyme	72.17	-.70	+17.2
GileadSci s	43.28	-1.36	+33.3
Imclone	40.83	-2.13	+52.6
Invitrogn	91.86	+1.43	+62.3
MillPhar	13.65	-.10	+25.2
OnyxPh	55.23	-3.09	+422.0
QIAGEN	20.55	-.17	+35.8
VertxPh	25.08	-.63	-33.0

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## Local

# Md. Raises Taxes by \$1.3B

## 3-week special session ends; voters to decide on allowing state slots

ANNAPOLIS, MD. | The Maryland General Assembly approved raising taxes by about \$1.3 billion and decided to let voters make the call on whether to legalize slot machine gambling, as a grinding special session to confront a \$1.7 billion budget deficit ended early Monday.

Voters will decide in a November 2008 referendum on allowing up to 15,000 slot machines, after lawmakers concluded that putting the matter to a constitutional amendment was the best chance to end years of gridlock in Annapolis



Maryland's General Assembly approved a \$1.3B hike in state taxes Monday.

over the divisive issue.

"This was a tough undertaking," House Speaker Michael Busch said of the overall effort, after the House adjourned shortly after 2 a.m. "But I think in the end, we finally resolved

the structural budget deficit that's been with us for over a five-year period of time."

The General Assembly agreed to restructure the state's income tax rates for the first time in 40 years. Lawmakers also approved raising \$400 million annually for transportation projects, a health care initiative to extend coverage to about 100,000 uninsured residents and a \$50 million fund to clean up the Chesapeake Bay.

Lawmakers who lead the legislature's fiscal committees met Sunday afternoon to hammer out compromises over differing tax packages resulting from the special session that spanned three weeks.

BRIAN WITTE (AP)

# Gilmore Announces Senate Bid

## '08 candidacy sets up contentious campaign with Mark Warner

RICHMOND, VA. | Republican former Gov. Jim Gilmore formally committed himself Monday to run for retiring U.S. Sen. John W. Warner's seat.

Gilmore's candidacy could set up a bruising 2008 campaign with another former governor, Democrat Mark R. Warner — a clash between two men with vastly different views about government and little affection for the other.



Gilmore

Warner, no relation to the Republican senator, announced his intent to run for the seat in mid-September, just two weeks after John Warner announced his plans to retire after five terms.

Gilmore's announcement came in a video e-mailed to 5,000 supporters and reporters and posted on YouTube. BOB LEWIS (AP)

## IN The Washington Post | METRO AUCTIONS SURPLUS



**TRASH OR TREASURE?:** Adrian Sclaw of Metro's Investment Recovery Department hopes to get about \$3,000 for this old Metro bus after it is sold for scrap metal. Last year, Metro made more than \$1M by selling old Metro supplies and equipment that would have otherwise ended up in the trash.

♦ **Shop harmoniously:** eBay helps boost Metro's surplus sales. | **Today's Metro**

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Monday, Nov. 19

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### MARYLAND

Mid-day Pick 3 **7-8-0**  
Mid-day Pick 4 **2-7-4-5**

### VIRGINIA

Mid-day Pick 3 **3-3-6**  
Evening Pick 3 (Sun.) **5-2-9**  
Mid-day Pick 4 **8-6-0-2**  
Evening Pick 4 (Sun.) **3-5-7-0**  
Mid-day Cash 5 **3-10-22-26-29**  
Evening Cash 5 (Sun.) **13-16-17-26-32**

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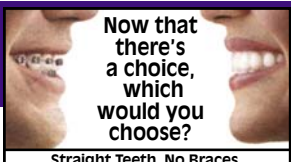
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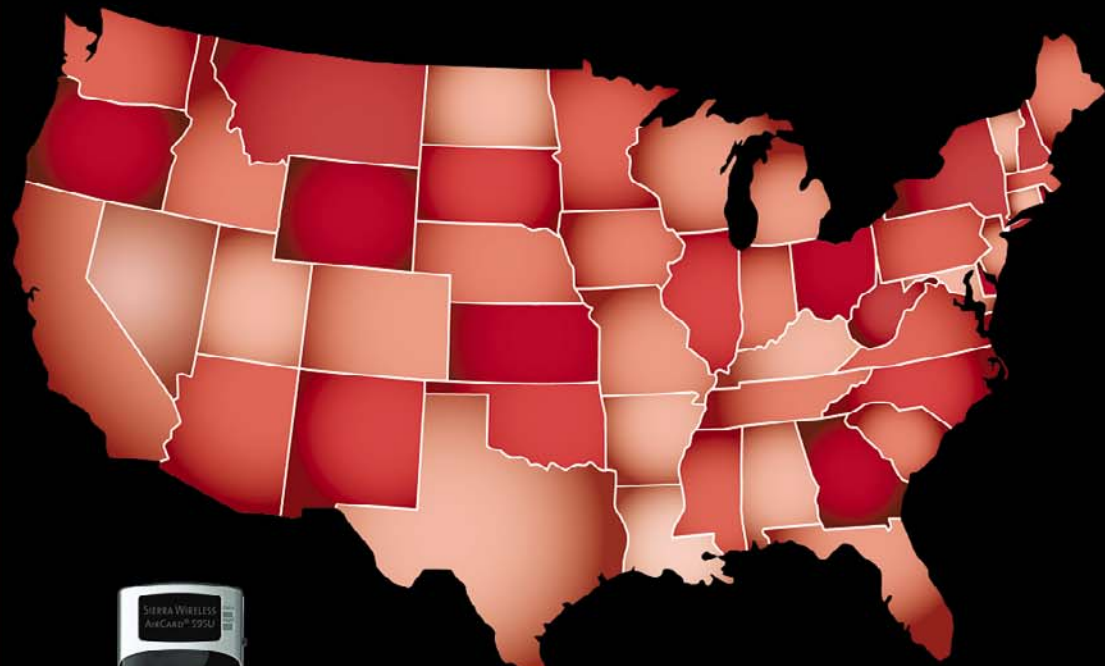
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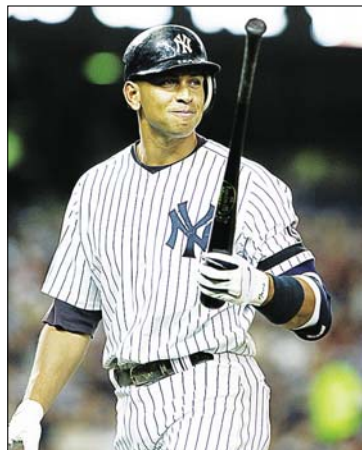




**FULL HOUSE:** World Series MVP Mike Lowell is staying with the Red Sox, meaning the champs will try to repeat with all their key players from 2007. The Red Sox and their 3B reached a preliminary agreement Monday on a three-year, \$37.5 million contract.



## Sports



Alex Rodriguez led the AL in homers, runs and RBI, and took 26 MVP votes.

## Rodriguez Dominates MVP Vote

Yankees shortstop is honored as AL's best player for the 3rd time

**BASEBALL** | Alex Rodriguez is headed back to the New York Yankees as the American League's Most Valuable Player.

A-Rod won his third AL MVP award Monday, easily defeating Detroit's Magglio Ordonez after compiling an astounding season at the plate. Rodriguez received 26 first-place votes and 382 points in balloting by the Baseball Writers' Association of America, while Ordonez had two firsts and 258 points.

Rodriguez won his first MVP in 2003, his last season with the Texas Rangers. He also won with the Yankees in 2005 — but he's never played in a World Series.

"There's definitely a huge hole in the resume," he said. "It's my third MVP and I'm here to say that I would trade all three for one world championship. I wouldn't think twice about it."

Rodriguez started the year with 14 homers in his first 18 games, hit .314 for the season and led the majors with 54 homers, 156 RBI and 143 runs. He was the first player since New York's Roger Maris in 1961 to lead the majors in homers, RBI and runs, according to the Elias Sports Bureau. RONALD BLUM (AP)

# I Mistake Spoils Near-Perfect Day

Campbell says he can think only about his late-game interception

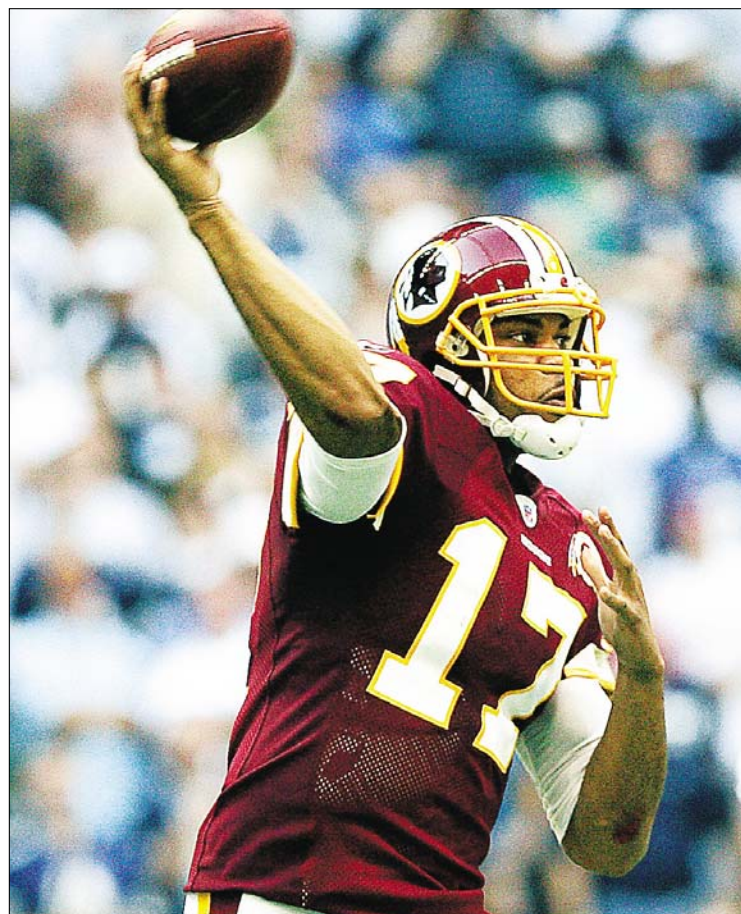
**REDSKINS** | Jason Campbell cried after his first 300-yard game. And not because he was happy.

"There's only one play I remember out of the whole game," Campbell said Monday. "That interception."

Redskins coach Joe Gibbs took the handcuffs off Campbell in a big way Sunday, allowing the young quarterback to throw 54 passes, four short of the franchise record. Campbell completed 33 and finished with 348 yards, holding his own against Tony Romo and the Dallas Cowboys.

Yet on third-and-10 at the Dallas 19, with the winning touchdown in sight and less than two minutes to go, Campbell scrambled to his right and threw a dart directly to cornerback Terence Newman instead of receiver Antwaan Randle El. The rival Cowboys held on win 28-23, sinking the Redskins to 5-5.

It was enough to make anyone sob.



Jason Campbell completed 33 of 54 passes and finished with 348 passing yards.

"I cried, too," left tackle Chris Samuels said. "It was tough."

Campbell took solace from familiar sources, talking to his brother and father after the game. The words "Keep your head up" and "Keep fighting" offered comfort after a loss that hurt more than usual because of its importance.

"You know, Dallas game, we're in our gut-check time of year," Campbell said. "You just try to play your guts out."

Yet this was a loss as positive as any for the Redskins this season. They were double-digit underdogs who kept the game close. It's easy to make the case that Washington would have won if menacing safety Sean Taylor, out with a knee injury, had been around to knock Terrell Owens off stride on any of T.O.'s four touchdown catches.

"They've been giving me a lot of leeway, and we've been having the opportunity to score a lot of points," Campbell said. "We've just got to find a way to convert those field goals to touchdowns. We have become more of an open-up offense, without a doubt." JOSEPH WHITE (AP)

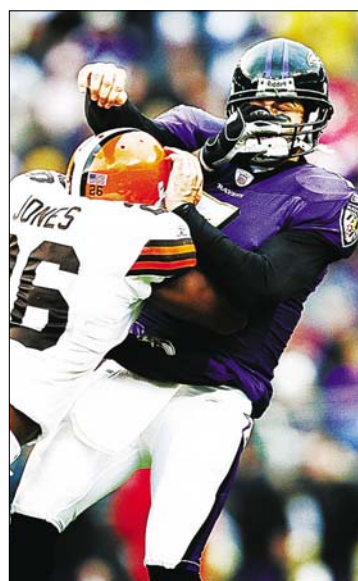
## Ravens Keep Spiraling in Tough Year

At 4-6, Baltimore is nowhere near where it thought it would be

**RAVENS** | Provided they don't have to deal with any more controversial field goals that warrant bringing both teams back onto the field, the Baltimore Ravens intend to affix a rather normal finish to their extraordinarily unusual season.

Any shot Baltimore had of reaching the playoffs probably dissipated with its 33-30 overtime loss to Cleveland on Sunday. The Ravens sprinted into the locker room thinking they had won, only to be called back after the officials ruled — correctly — that a potential game-tying, 51-yard field goal by the Browns' Phil Dawson was good.

"We talk many times in training camp about preparing your team for the inevitable things," Ravens



Quarterback Kyle Boller and the Ravens lost to the Browns 33-30 on Sunday.

coach Brian Billick said Monday. "I was remiss in covering what we do when we've won a game, go into the

locker room and are told to come back out again."

The strange defeat was merely an extension of a year in which very little has gone right for Baltimore. Coming off a 13-3 season, the Ravens expected to be a Super Bowl contender. Instead, they've got a losing record and are mired in third place in a four-team division.

"We're certainly not where we want to be," Billick acknowledged.

But he insisted that the Ravens won't quit on the season, at least not while there remains a mathematical chance of qualifying for the playoffs.

"You hold onto whatever competitive perspective you choose to, individually and collectively. You've got to take the mentality of, 'OK, we'll run the table with six wins,'" he said. "Unrealistic? Sure. But you have to take that attitude." (AP)

## Vick Surrenders To U.S. Marshals Before Sentence

**NFL** | Michael Vick surrendered to U.S. marshals Monday and will remain in jail until his sentencing on a dogfighting charge in three weeks.

The Atlanta Falcons quarterback is scheduled to be sentenced Dec. 10 but turned himself in because he anticipates a prison term on the federal dogfighting conspiracy charge, according to a court document. Vick could be sentenced to up to five years in prison.

"From the beginning, Mr. Vick has accepted responsibility for his actions, and his self-surrender further demonstrates that acceptance," Billy Martin, one of Vick's lawyers, said in a statement.

Vick is being held at Northern Neck Regional Jail in Warsaw until his sentencing. (AP)





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26

The number of first-place votes UNC and UCLA both received in this week's AP top 25 basketball poll. UNC, which was No. 1 last week, retained a nine-point lead to keep the top ranking.

## Sports

## Carr Steps Down at Michigan

COLLEGE FOOTBALL | Lloyd Carr retired Monday after 13 years as Michigan's coach, following a season defined by a startling loss to Appalachian State and yet another defeat by Ohio State.

Carr, groomed for the position by Michigan coaching great Bo Schembechler, led the Wolverines to 121 wins, five Big Ten titles and a national championship.

"On this week of Thanksgiving, no one has more to be thankful for than I do," Carr said at a news conference.



Carr

The departure by the 62-year-old Carr opens a job at the nation's winningest football program. Les Miles, the coach at No. 1 LSU, seems to be at the top of the list of potential successors. He played for Schembechler at Michigan, where he met his wife and was an assistant.

Carr said it will be up to athletic director Bill Martin to decide what role, if any, he will have in choosing the next coach.

Martin said he had 20 candidates in mind and would form a committee to help him in the search process.

"I want to get this done as soon as I can," he said. LARRY LAGE (AP)

### TODAY'S TV LINEUP

**WIZARDS (7 P.M. ON COMCAST)** After losing five straight games, the Wizards can get back to .500 with a win at home against Philadelphia.

**COLLEGE HOOPS (7 P.M. AND 9:30 P.M. ON ESPN)** The semifinals of the Maui Invitational are in Lahaina, Hawaii.

**NHL (7 P.M. ON VERSUS)** It turns out that there is a Boston team that is not good. The 9-7-2 Bruins play Toronto on the road on Tuesday.

**COLLEGE FOOTBALL (7 P.M. ON ESPN2)** Middle Tennessee is at Troy on Tuesday night. Enjoy.



Nick Young goes up for his first career dunk on Saturday night against Portland.

## Wizards Rookie Young on the Rise

First-year guard hits his stride in Saturday's game against Portland

WIZARDS | Rookie Nick Young was alone on a fast break in the third quarter against Portland on Saturday when he faced a tough choice for his first NBA dunk.

Should he pull out the off-the-backboard, between-the-legs dunk that wowed the veterans at practice a few weeks ago? Maybe he should go with a 360?

Young took a few dribbles, planted his feet, sprung toward the rim and kept it simple. He whirled around the ball and hammered a vicious one-handed jam.

The sellout crowd at Verizon Center was amused but subdued. Most of his teammates applauded. Gilbert Arenas, watching the game in street clothes because of a sore left knee, curled his lips.

"Gil was mad I didn't do nothing [special]," Young said with a laugh afterward. "He said, 'You got to do your dunks in the game if you want to get in the dunk competition.' I got to wait a little bit. I [had] to

get that one in first."

After scoring a career-high 17 points on 6-of-9 shooting in the Wizards' 109-90 victory against Portland, Young said, "it feels like I belong" in the NBA.

He couldn't keep the grin off of his face at practice Monday, but his teammates have done their best to keep him focused and grounded. "Don't get big-headed," Young said his teammates told him after the game. "They joke around a little bit with me. It's all fun. Gil said, 'You might go back to the bench.'"

Coach Eddie Jordan said his plan is still to rely mostly on his eight-man veteran rotation, while playing Young at the appropriate times. When asked what he expected out of Young on Tuesday against Philadelphia, Jordan said, "You know the direction the roller coaster goes, right? That's what we expect. He had some tough nights, moments, early in the season. All of a sudden, he's at the top of the game. We hope he stays up there for a while."

MICHAEL LEE (THE WASHINGTON POST)

**Staying seated:** With more back-to-back games coming up, Gilbert rested on Monday | Today's Post, Sports

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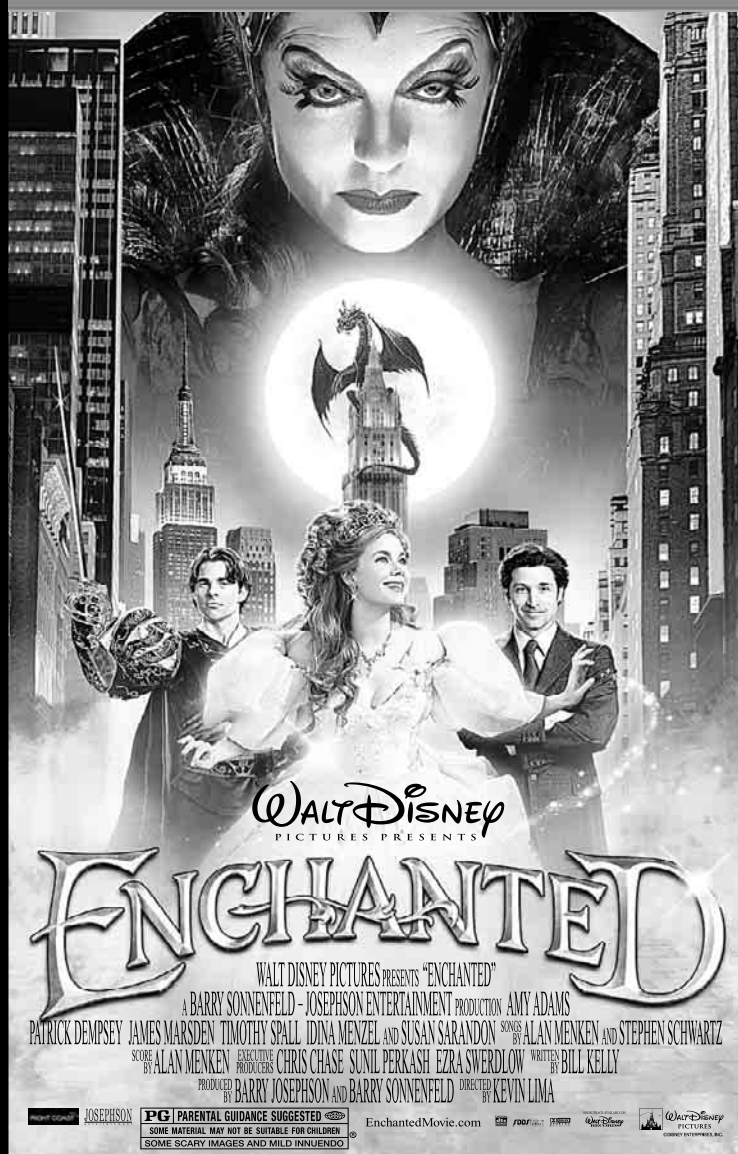
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## Sports



**BE LIKE MIKE:** Mike Tyson could have received more than four years in prison for cocaine possession and driving under the influence. Instead, the boxer was sentenced Monday to probation.

# McNabb Could Sit Sunday

Eagles quarterback is dealing with thumb and ankle injuries

NFL | Donovan McNabb's knee is getting better. His ankle and thumb are the problems now.

The five-time Pro Bowl quarterback is uncertain to play for the Eagles at New England next Sunday because of a sprained right ankle and swollen thumb.

"I'm as worried about the thumb as I am the ankle, maybe a little bit more because that's what he's gripping the football with," coach Andy

### NOT VERY THANKFUL

This marks the fourth time in six seasons that McNabb has been injured just before Thanksgiving:

- He broke his ankle against Arizona on Nov. 17, 2002.
- On Nov. 14, 2005, he went out for the year with a sports hernia.
- He tore his ACL last year against the Titans on Nov. 19.

Reid said Monday. "We'll see how he does this week."

McNabb left Philadelphia's 17-7 win over Miami in the second quarter after he hurt his ankle on

a hit following an incomplete pass. X-rays during the game were negative and McNabb spent the second half standing on the sideline. An MRI exam Monday showed a little swelling but no further damage.

"It's not a high-ankle sprain. Those are the ones that really take a lot of time," Reid said. "He wanted to be back out there. I wanted to make sure he can run. I don't want to put a guy out there that can't run, and he didn't feel he can push off."

McNabb injured his right thumb earlier in the game. X-rays showed it wasn't broken, but Reid said it was "quite swollen" Monday. (AP)



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Tom Glavine, left, signed on Monday.

## Glavine Will End His Career Back With the Braves

BASEBALL | Tom Glavine won his 300th game with the New York Mets. He plans to get his final win for the Atlanta Braves.

Glavine returned to Turner Field as a member of the home team Monday after agreeing to an \$8 million, one-year contract with the Braves, his team for 16 seasons until a bitter split led him to sign with the New York Mets in 2002.

"It's hard to describe," Glavine said at a news conference. "Obviously, we still love it here. This is home for us."

Glavine, who has four children, said he would have retired if things had not worked out with the Braves. He kept his permanent home in suburban Atlanta even while pitching for the Mets the last five seasons, and he didn't want to go through that "juggling act" anymore. (AP)



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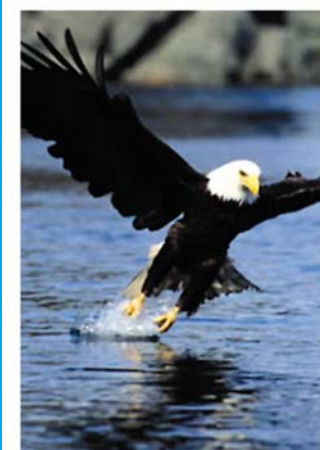
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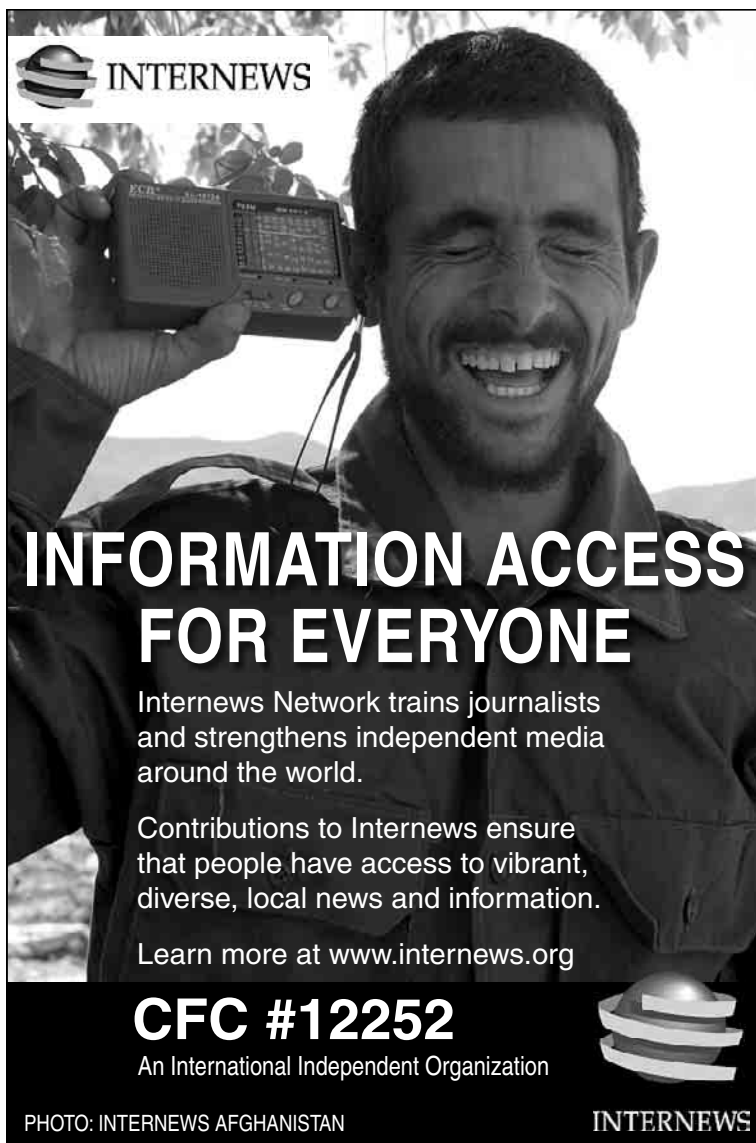
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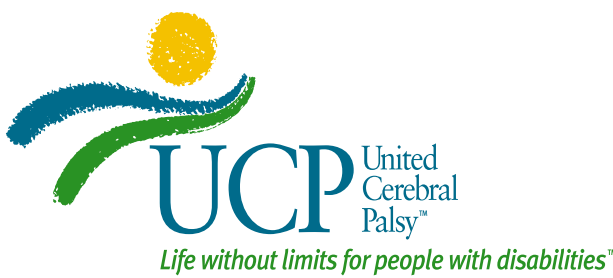
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# Entertainment



**BEWARE THE FALLING PLASTER:** "Celebrity Apprentice," which premieres Jan. 3, will feature 14 contestants raising money for charity. Among them is Omarosa Manigault-Stallworth, from season 1, who agreed to come back "for redemption."



**YOU ARE NOW WATCHING FRANK TV:** Comedian Frank Caliando on his late-night sketch comedy series, premiering tonight.

## Frank's Mad TV

### Writer's strike or not, Caliando's skit show is going on the air

**RISK** | Frank Caliando was on a Manhattan street last week when he noticed another pedestrian stare at him, glance upward, then stare again.

Caliando turned around and

discovered why: A huge ad for his new series, TBS' "Frank TV," was plastered across a building and displayed three, count 'em, three photos of the comedian-impressionist.

"I looked up and thought, 'This is ridiculous,'" Caliando recalled.

It was just the tip of the promotional skyscraper. The postseason baseball audience was bombard-

ed with "Frank TV" spots featuring comedy snippets of Caliando as Robert DeNiro, Al Pacino and other assorted stars and newsmakers.

Fans could place the voices and the face, too: Caliando was a longtime part of Fox's "MadTV," drops in regularly on "Fox NFL Sunday" and CBS' "Late Show with David Letterman," and has ample YouTube exposure. He also takes his

stand-up act on tour.

"Frank TV," which begins Tuesday, is Caliando's first shot at solo TV stardom. In an ironic twist for a comedian, the timing isn't great: Because of the film and TV writers strike that started Nov. 5, the series will be cut from the planned eight episodes to as few as five.

When he tells his first-episode audience that "I feel like a little kid who just got a TV show for Christmas," it's hard to avoid thinking that Santa forgot to include batteries. But Caliando is looking on the bright side.

"We're on the air," he said in an interview. "If we hadn't gotten on [Tuesday] and had to change that, I would have been disappointed. ... But I feel like we're getting a chance."

Besides, he says, he's heard that network executives can tell after four episodes whether a show is gaining traction. And maybe viewers will taste just enough "Frank TV," which marries sketches and stand-up, to be left wanting more.

"I don't want to use it [the strike] to my advantage, but there's pluses and minuses in everything in terms of the airing of a show," he said. "I just hope they can fix this stuff," he said of the dispute between studios and the Writers Guild of America that's halted much TV production.

The credits for "Frank TV" list eight writers besides Caliando. But he's the man who's doing all the on-camera heavy lifting in a series of skits in which he plays John Madden, Bill Clinton, George Bush, Dick Cheney and more. **LYNN ELBER (AP)**

## Alicia Keys Is Best as She Is

### On 'As I Am,' guests' contributions pale next to Keys' work

**MUSIC** | For all her formidable talents (which include a honey-coated voice and a self-assurance that has kept her firmly in control of her own music and career), the knock on Alicia Keys has always been that her R&B was long on heart and short on hooks.

It's a complaint she evidently took seriously, because her third

studio album enlists the help of John Mayer and professional song doctor Linda Perry in an obvious quest to make Keys a little more pop-friendly.

The funny thing is, those high-profile collaborators add almost nothing to "As I Am." Mayer's co-written "Lesson Learned" is plodding, inoffensive lite-rock, while Perry's trio of tunes aims for Philly soul and settles for Velveeta.

The star among the guests turns out to be little-known producer Jack Splash, whose "Wreck-



Keys works her pipes and her writing skills on her latest album, "As I Am."

less Love" offers a swinging hip-hop backdrop for Keys' breathless (but PG-rated) come-on.

However, it's the single track written by Keys and her longtime collaborator Kerry "Crucial" Brothers that is clearly the disc's highlight. "Like You'll Never See Me Again" is a gorgeous, shimmering ballad that mixes melody and melisma to devastating effect. It's a reminder, amid the clutter of many cooks on "As I Am," that perhaps Keys was best as she was, after all. **DAN LEROY (THE HARTFORD COURANT)**



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### BLACK DICE Bring the Noise

**1** Noise/experimental rockers Black Dice share a bill with Ecstatic Sunshine and Ponytail tonight at the Rock and Roll Hotel. Although the band is, well, loud, there is a deft organization to what might initially seem like chaos. To read Express contributor Aaron Leitko's take on Black Dice's methodical madness, visit [readexpress.com](http://readexpress.com)

→ *The Rock and Roll Hotel, 1353 H St. NE; 8 p.m., \$12 (\$10 in advance); 202-388-7625. (Union Station)*

### DMITRI HVOROSTOVSKY Bel Canto



**2** Baritone Dmitri Hvorostovsky is the Russian opera star who the Guardian (U.K.) called "one of the great recital-

ists of our time." Come check out his skills tonight at Strathmore, where he will tackle Russian and Soviet romances.

→ *Strathmore, 5301 Tuckerman Lane, Bethesda; 8 p.m., \$55-\$95; 301-581-5100.*

### ALEX ROSS Reading Music

**3** New Yorker music critic Alex Ross will discuss his first book, "The Rest is Noise: Listening to the Twentieth Century," at Politics & Prose tonight. In it, he guides his readers through the labyrinth of modern music.

→ *Politics & Prose, 5015 Connecticut Ave. NW; 7 p.m., 202-364-1919. (Van Ness-UDC)*

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# Entertainment

# Eastward Bound

## MTV gives cultural sensitivity a try with its Arab world station

**EXPANSION** | MTV is hoping hip-hop and reality television tailored and sanitized for a more conservative Middle East will draw young Arabs away from dozens of locally produced music video channels that already dominate the market.

MTV Arabia, which launched over the weekend, will feature 60 percent international music and 40 percent Arabic music, along with local adaptations of the channel's popular non-music shows.

But MTV, which is known for airing provocative videos featuring scantily clad women, says the Arab version of the pop-culture channel will show less skin and profanity.

"When we come to people's homes, we want to earn their respect," said Abdullatif al-Sayegh, chief executive of Arab Media Group, which along with Viacom Inc.'s MTV Networks International owns MTV Arabia. He explained that there will be "culturally sensitive editors going through content of the programming."

The station launched at midnight Saturday, airing a pre-taped show featuring Grammy Award-winning rapper and actor Ludacris, Sene-



**LENDING SUPPORT:** Rapper Ludacris was in Dubai for the launch of MTV Arabia.

galese-born soul superstar Akon, Lebanese rapper Karl Wolf and the Emirates underground hip-hop band Desert Heat.

Unlike its past forays into Europe and India, MTV is not entering a virgin music video territory. Over the past few years, there has been an explosion of satellite channels in the region that feature soulful male crooners from the Gulf and female singers from Lebanon and Syria.

MTV officials say this is why their channel is focusing on hip-hop and R&B, two music genres that are underserved despite being popular throughout the region.

But to please a more conservative audience, MTV Arabia will tailor some of its programming and keep provocative hip-hop videos featuring barely dressed women and alcohol to a minimum.

BARBARA SURK (AP)

## Shaggy Is Mr. Same Old Thing

**MUSIC** | Shaggy is like a reggae cicada, emerging at semi-regular intervals to land libidinous hits on the charts and then dropping out of sight for years at a time. It happened in the mid-'90s with the singles "Oh Carolina" and "Boom-bastic" and again in the early '00s with "It Wasn't Me" and "Angel."



A sound that was poppin' 10 years ago is desperately in need of refreshment.

Now the Jamaican-via-Brooklyn singer returns for another crack at the charts with his latest album, "Intoxication."

Not much has changed since his last go-round. Shaggy's sonorous

voice is still all about inflection on monotone vocals that he breaks up with little yelps and a generous ration of guest vocalists, including Akon, Collie Buddz and Sizzla.

Shaggy has said he intended to return to his "hard-core dance-hall and reggae" roots. But there's a creeping sameness to the songs that's not helped by so many of them sharing a theme: sex.

There are exceptions: Buddz livens up "Mad Mad World," trading socially conscious verses with Shaggy. Akon throws down a smooth hook on "What's Love." And Shaggy calls out faux-pious hypocrites on "Church Heathen." **ERIC DANTON** (THE HARTFOR COURANT)

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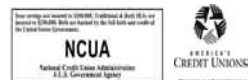
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**P2 (R)** 9:20 PM  
**AMERICAN GANGSTER (R)** 2:40, 3:40, 6:20, 7:40, 8:30, 10:00  
**BEE MOVIE (PG)** 1:40, 2:30, 3:20, 4:00, 5:00, 6:00, 6:40, 7:50, 10:30  
**DAN IN REAL LIFE (PG13)** 1:30, 4:25, 7:20, 10:05  
**SAW IV (R)** 1:45, 4:45, 7:15, 9:45  
**30 DAYS OF NIGHT (R)** 5:30  
**MICHAEL CLAYTON (R)** 7:05, 10:10  
**TYLER PERRY'S WHY DID I GET MARRIED? (PG13)** 1:00, 4:05, 7:30, 10:40

#### AMC SELECT

**NO COUNTRY FOR OLD MEN (R)** / 1:55, 4:50, 8:00, 10:45  
**BELLA (PG13)** 3:10, 5:40, 8:15, 10:45  
**LOVE IN THE TIME OF CHOLERA (R)** / 3:25, 6:50, 10:15  
**GONE BABY GONE (R)** 2:15, 8:25  
**BLADE RUNNER: THE FINAL CUT (R)** 1:10, 4:15, 7:25, 10:40

**AMC COURTHOUSE PLAZA 8**  
Courthouse and Birch Rd.  
703-998-4AMC

**FRED CLAU (PG)** 2:30, 3:30, 5:20, 6:30, 8:00, 9:10, 10:40  
**THE MARTIAN CHILD (PG)** 3:00, 5:30  
**ELIZABETH: THE GOLDEN AGE (PG13)** 2:35, 5:10, 7:40, 10:10

#### AMC SELECT

**LOVE IN THE TIME OF CHOLERA (R)** 1:30, 4:30, 7:30, 10:30  
**THE DARJEELING LIMITED (R)** 3:10, 5:40, 8:10, 10:35  
**GONE BABY GONE (R)** 2:00, 4:50, 7:20, 10:00  
**INTO THE WILD (R)** 4:00, 7:10, 10:20  
**EASTERN PROMISES (R)** 7:50, 10:15

**MAGIC JOHNSON CAPITAL CENTRE 12**  
800 Shopper's Way, Largo  
301-324-4220

**BEOWULF (PG13)** 1:30, 4:30, 7:30, 10:15  
**MR. MAGORIUM'S WONDER EMPORIUM (G)** 12:35, 3:00, 5:20, 7:50, 10:20  
**FRED CLAU (PG)** 1:10, 4:10, 7:00, 10:00  
**P2 (R)** 2:20, 4:50, 7:20, 9:50  
**AMERICAN GANGSTER (R)** 12:30, 1:15, 4:05, 5:00, 6:30, 7:45, 8:45, 9:50  
**AMERICAN GANGSTER (R)** / 12:30, 4:05, 7:45  
**BEE MOVIE (PG)** 12:45, 1:45, 3:15, 4:15, 5:45, 8:00, 10:10  
**SAW IV (R)** 2:10, 4:40, 7:10, 9:40  
**30 DAYS OF NIGHT (R)** 12:55, 3:55, 6:55, 9:55  
**TYLER PERRY'S WHY DID I GET MARRIED? (PG13)** 1:25, 4:25, 7:25, 10:10  
**THE GAME PLAN (PG)** 1:00, 4:20, 7:15, 10:05

#### LOEWS SHIRLINGTON 7

2772 South Randolph  
703-671-0910 801

#### AMC SELECT

**NO COUNTRY FOR OLD MEN (R)** 1:40, 2:20, 4:10, 5:10, 7:00, 7:40  
**SOUTHLAND TALES (R)** 2:00, 4:40, 7:50  
**DARFUR NOW (PG)** 2:10, 4:20, 7:10  
**BEFORE THE DEVIL KNOWS YOU'RE DEAD (R)** 1:40, 4:20, 7:20  
**THE DARJEELING LIMITED (R)** 4:50  
**LARS AND THE REAL GIRL (PG13)** 1:30, 4:30, 7:10  
**INTO THE WILD (R)** 1:50, 7:30

#### LOEWS WHITE FLINT 5

North Bethesda  
1-800-FANDANGO #741

**FRED CLAU (PG)** 2:00, 4:30, 7:10  
**LIONS FOR LAMBS (R)** 1:50, 4:25, 7:15  
**AMERICAN GANGSTER (R)** 2:30, 6:30  
**BEE MOVIE (PG)** 1:55, 4:05, 7:05  
**MICHAEL CLAYTON (R)** 1:40, 4:15, 7:00

✓SPECIAL ENGAGEMENT No passes or discount coupons

CC - Closed Captioning - DV - Descriptive Video Service

#### AMC COLUMBIA MALL 14

10300 Patuxent Parkway  
703-998-4AMC

#### DIGITAL 3D

**BEOWULF: DIGITAL 3D (PG13)** 1:40, 4:35, 7:30, 10:25  
**BEOWULF (PG13)** 2:40, 5:35, 8:30  
**MR. MAGORIUM'S WONDER EMPORIUM (G)** 1:15, 3:45, 6:10, 8:40  
**FRED CLAU (PG)** 1:20, 2:30, 4:05, 5:15, 6:50, 8:00, 9:40, 10:40  
**FRED CLAU (PG)** / 1:20, 4:05, 6:50, 9:40  
**LIONS FOR LAMBS (R)** 1:25, 3:40, 6:05, 8:20, 10:45  
**AMERICAN GANGSTER (R)** 12:50, 3:00, 4:20, 6:30, 7:50, 10:00  
**BEE MOVIE (PG)** 12:55, 2:20, 3:20, 4:45, 5:45, 7:10, 8:10, 9:35, 10:35  
**DAN IN REAL LIFE (PG13)** 1:45, 4:15, 6:40, 9:10  
**SAW IV (R)** 7:00, 9:30  
**TYLER PERRY'S WHY DID I GET MARRIED? (PG13)** 2:10, 5:00, 7:40, 10:20  
**THE GAME PLAN (PG)** 1:50, 4:25

#### AMC SELECT

**LOVE IN THE TIME OF CHOLERA (R)** 1:00, 4:10, 7:20, 10:30  
**AMC SPRINGFIELD MALL 10**  
Loisdale and Franconia Road  
703-971-3991

**BEOWULF (PG13)** / 1:15, 4:10, 7:15, 10:00  
**MR. MAGORIUM'S WONDER EMPORIUM (G)** / 4:30, 7:10, 9:30  
**FRED CLAU (PG)** 4:35, 7:15, 9:55  
**LIONS FOR LAMBS (R)** 5:30, 8:00, 10:15  
**P2 (R)** 10:30 PM  
**AMERICAN GANGSTER (R)** 12:00, 12:45, 3:20, 4:00, 6:45, 7:40, 10:15, 11:00  
**BEE MOVIE (PG)** 12:30, 2:50, 5:10, 7:30, 9:45  
**SAW IV (R)** 5:00, 7:40, 10:00  
**TYLER PERRY'S WHY DID I GET MARRIED? (PG13)** 4:45, 7:30, 10:10  
**THE GAME PLAN (PG)** 4:50, 7:45

#### LOEWS RIO CINEMAS 18

9811 Washingtonian Boulevard  
301-948-0906

#### DIGITAL 3D

**BEOWULF: DIGITAL 3D (PG13)** / 1:45, 4:35, 7:30, 10:20  
**BEOWULF (PG13)** / 3:00, 5:50, 8:40  
**MR. MAGORIUM'S WONDER EMPORIUM (G)** / 2:05, 4:30, 7:15, 9:45  
**FRED CLAU (PG)** 1:30, 2:30, 4:15, 5:20, 7:10, 8:10, 10:00  
**LIONS FOR LAMBS (R)** 2:10, 4:40, 7:05, 9:25  
**LIONS FOR LAMBS (R)** / 2:10, 4:40, 7:05, 9:25  
**P2 (R)** 12:5, 6:30  
**SAW IV (R)** 12:55, 4:00, 7:05, 10:10  
**AMERICAN GANGSTER (R)** 2:50, 3:45, 6:20, 7:20, 9:50  
**BEE MOVIE (PG)** 1:00, 2:00, 3:30, 4:20, 5:55, 7:00, 8:05, 9:30, 10:30  
**THE MARTIAN CHILD (PG)** 1:10  
**DAN IN REAL LIFE (PG13)** 12:55, 3:20, 5:40, 8:00, 10:15  
**SAW IV (R)** 3:55, 8:00  
**MICHAEL CLAYTON (R)** 1:35, 4:25, 7:25, 10:10  
**TYLER PERRY'S WHY DID I GET MARRIED? (PG13)** 3:50, 9:00

#### AMC SELECT

**BELLA (PG13)** 1:50, 4:10, 6:50, 9:20  
**LOVE IN THE TIME OF CHOLERA (R)** / 1:40, 4:35, 7:30, 10:20  
**BEFORE THE DEVIL KNOWS YOU'RE DEAD (R)** 1:55, 4:50, 7:35, 10:25  
**GONE BABY GONE (R)** 1:20, 6:10

#### LOEWS GEORGETOWN 14

3111 K Street, N.W.  
202-342-6441

#### DIGITAL 3D

**BEOWULF: DIGITAL 3D (PG13)** / 1:25, 4:15, 7:10, 10:00  
**MR. MAGORIUM'S WONDER EMPORIUM (G)** / 3:20, 5:45, 8:15, 10:35  
**FRED CLAU (PG)** 1:30, 4:15, 7:00, 9:50  
**LIONS FOR LAMBS (R)** 12:55, 2:55, 5:20, 7:45, 10:10  
**LIONS FOR LAMBS (R)** / 12:55, 2:55, 5:20, 7:45, 10:10  
**P2 (R)** 1:05  
**AMERICAN GANGSTER (R)** 12:50, 3:15, 4:00, 6:40, 7:30, 10:00, 10:45  
**BEE MOVIE (PG)** 1:05, 3:30, 5:50, 8:10, 10:35  
**DAN IN REAL LIFE (PG13)** 12:50, 3:00, 5:25, 7:50, 10:20  
**RENTITION (R)** 4:10, 10:25  
**MICHAEL CLAYTON (R)** 2:25, 5:10, 8:00, 10:45

#### AMC SELECT

**LOVE IN THE TIME OF CHOLERA (R)** / 1:20, 4:25, 7:35, 10:40  
**SOUTHLAND TALES (R)** / 1:10, 4:20, 7:25, 10:40  
**THE DARJEELING LIMITED (R)** 1:15, 4:05, 6:45, 9:35  
**GONE BABY GONE (R)** 2:15, 4:55, 7:40, 10:30  
**INTO THE WILD (R)** 1:00, 7:05

#### AMC POTOMAC MILLS 18

2700 Potomac Mills Circle, Ste 886  
703-998-4262

#### DIGITAL 3D

**BEOWULF: DIGITAL 3D (PG13)** / 1:45, 4:45, 7:45, 10:30  
**BEOWULF (PG13)** / 12:45, 3:30, 6:30, 9:30  
**MR. MAGORIUM'S WONDER EMPORIUM (G)** / 1:50, 4:20, 6:50, 9:20  
**FRED CLAU (PG)** 1:15, 2:15, 4:10, 5:05, 7:05, 8:05, 9:50  
**LIONS FOR LAMBS (R)** 2:25, 5:10, 7:40, 10:05  
**P2 (R)** 2:50, 5:25, 7:50, 10:25  
**AMERICAN GANGSTER (R)** 1:10, 2:40, 3:40, 4:40, 6:10, 7:10, 8:10, 9:40, 10:25  
**BEE MOVIE (PG)** 1:20, 2:30, 3:50, 5:00, 6:20, 7:30, 9:00, 10:00  
**DAN IN REAL LIFE (PG13)** 2:05, 4:30, 7:00, 9:35  
**SAW IV (R)** 2:00, 4:35, 7:20, 9:45  
**30 DAYS OF NIGHT (R)** 2:10, 4:55, 7:35, 10:20  
**TYLER PERRY'S WHY DID I GET MARRIED? (PG13)** 1:35, 4:25, 7:15, 10:10  
**THE GAME PLAN (PG)** 1:55, 4:50, 7:25, 10:15

**LOVE IN THE TIME OF CHOLERA (R)** / 12:45, 3:45, 6:45, 9:55

#### AMC TYSONS CORNER 16

7850 Tysons Corner Center  
703-998-4262

#### DIGITAL 3D

**BEOWULF: DIGITAL 3D (PG13)** / 1:15, 4:00, 7:00, 9:45  
**BEOWULF (PG13)** / 2:30, 5:30, 8:15, 10:50  
**MR. MAGORIUM'S WONDER EMPORIUM (G)** / 1:05, 3:25, 5:45, 8:05, 10:30  
**FRED CLAU (PG)** 1:30, 2:45, 4:25, 5:35, 7:10, 8:15, 9:55, 10:50  
**FRED CLAU (PG)** / 2:45, 5:35, 8:15, 10:50  
**LIONS FOR LAMBS (R)** 1:00, 3:15, 5:35, 8:00, 10:20  
**P2 (R)** 9:50 PM  
**AMERICAN GANGSTER (R)** 1:35, 3:30, 5:05, 7:00, 8:35, 10:30  
**BEE MOVIE (PG)** 1:10, 2:20, 3:25, 4:50, 5:55, 7:05, 8:25, 9:35, 10:35  
**DAN IN REAL LIFE (PG13)** 2:10, 4:55, 7:35, 10:00  
**SAW IV (R)** 1:00, 3:20, 5:40, 8:10, 10:25  
**MICHAEL CLAYTON (R)** 2:00, 5:00, 7:55, 10:40  
**THE GAME PLAN (PG)** 1:50, 4:35, 7:15

**LOVE IN THE TIME OF CHOLERA (R)** / 1:25, 4:30, 7:40, 10:45  
**GONE BABY GONE (R)** 2:05, 4:45, 7:50, 10:40

#### AMC MAZZA GALLERIE

Jenifer and Wisconsin  
202-537-9553

**MR. MAGORIUM'S WONDER EMPORIUM (G)** / 3:10, 5:40, 8:10  
**FRED CLAU (PG)** 2:15, 4:50, 7:30  
**LIONS FOR LAMBS (R)** 2:20, 4:40, 7:40  
**AMERICAN GANGSTER (R)** 3:45, 7:00  
**BEE MOVIE (PG)** 2:40, 5:00, 7:20  
**DAN IN REAL LIFE (PG13)** 2:30, 4:45  
**MICHAEL CLAYTON (R)** 1:50, 4:35, 7:15

#### LOEWS DUPONT 5

1350 19th St.  
1-800-FANDANGO #711

**AMERICAN GANGSTER (R)** 3:45, 7:00, 10:20  
**MICHAEL CLAYTON (R)** 4:15, 7:40, 10:10

**WAR/DANCE (PG13)** 4:30, 7:30, 9:50  
**INTO THE WILD (R)** 4:00, 7:20, 10:30  
**LUST, CAUTION (NC-17)** 3:30, 6:45, 10:10

#### LOEWS UPTOWN 1

3426 Connecticut Avenue N.W.  
1-800-FANDANGO #713

**BEOWULF (PG13)** / 2:20, 5:00, 8:00

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## STARTS TOMORROW

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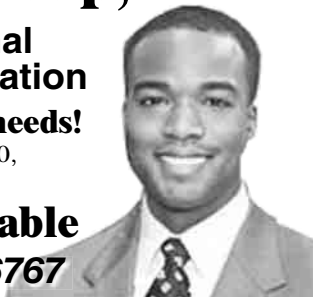
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## Entertainment

# Tried and True

### Vanessa Carlton sticks with her vision and artistic voice

**STEADFAST** | Vanessa Carlton learned the hard way that "artistic control" in the music industry has currency only as long as you're bringing in currency.

Six years ago, Carlton's debut single, "A Thousand Miles," went Top Five and scored three Grammy Award nominations. Along with Michelle Branch and Alicia Keys, Carlton was in the forefront of the "Britney backlash" — young female artists who played instruments and composed their own songs.

Then her Tori Amos-influenced single, "White Houses," got banned from radio and MTV because of its

 **readexpress.com**

Express contributor Tony Sclafani talked tunes with Vanessa Carlton. To view their conversation, visit [readexpress.com](http://readexpress.com).



**BRITNEY BACKLASH:** Carlton was one of the post-Spears, talented female artists.

blunt lyrics about a girl losing her virginity. Its low chart position caused the album, "Harmonium," to sell poorly and A&M to lose confidence. Carlton left the label.

Last year, she caught the ear of Irv "Gotti" Lorenzo, who signed her to his hip-hop label, the Inc.

But Carlton hasn't gone rap, or done a Nelly Furtado and sexed everything up.

The label allowed the 27-year-

old to hold steady to her artistic vision. She may be right: Her new CD, "Heroes & Thieves," is arguably her best yet, with its funky, autobiographical lead-off single "Nolita Fairytale" and the gorgeously wistful coming-of-age ballad "Spring Street." **TONY SCLAFANI (EXPRESS)**

→ *Birchmere, 3701 Mt. Vernon Ave., Alexandria; Wed., 7:30 p.m., \$20; 703-549-7500.*

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# Television

## PEANUTS AND TURKEY

ABC anticipates the holidays with two Peanuts specials: **A CHARLIE BROWN THANKSGIVING** (8 p.m., ABC) and **HE'S A BULLY, CHARLIE BROWN** (8:30 p.m., ABC).

**THE RABBIT'S STUCK IN THE HAT**  
The final five applicants help House treat a magician on **HOUSE** (9 p.m., Fox).

**SOMETHING TO LIVE FOR**  
**REAL SPORTS WITH BRYANT GUMBEL** (10p.m., HBO) interviews Oklahoma State's biggest fan, Boone Pickens.

**HAVE A DRINK, GET OUT**  
Brad holds an post-selection party on  
**THE BACHELOR** (10 p.m., ABC).

## DANGEROUS SPORT

A young girl's murder appears linked to ultimate fighting on **LAW & ORDER:**



**GOURMET MEAL:** Snoopy makes toast and popcorn for Thanksgiving tonight.

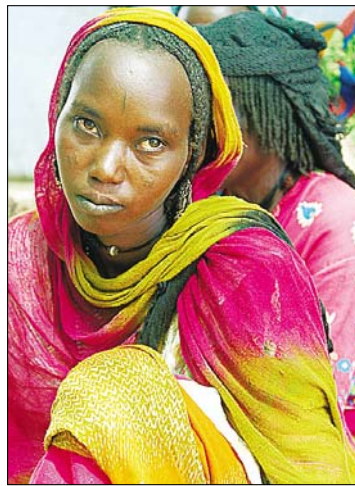
**SPECIAL VICTIMS UNIT** (10 p.m., NBC). KEVIN  
MCDONOUGH (UNITED FEATURE SYNDICATE)

# Time Runs Low

## 'On Our Watch' gives an honest portrayal of the crisis in Darfur

**TRAGEDY** | “Frontline” (10 p.m., PBS) revisits the slaughter in the Darfur region of Sudan and the unwillingness of the world community to do anything about it. This segment, titled “On Our Watch,” begins with a sobering observation from an unnamed writer: “If the United Nations could die of shame, it would have been dead years ago.”

The slaughter, rape and forced relocation of hundreds of thousands



**THE FACE OF WAR:** A displaced Chadian mother waits for medical care.

of Africans began as early as 2003. "Frontline" includes interviews with U.N. officials on the scene in Sudan who made the case for action. But officials put a higher priority on negotiating a cease-fire between the Sudanese government and rebels in the south. As it turned out, the government of Sudan dragged out the negotiations to buy time to complete the ethnic cleansing in Darfur.

China's need for Sudan's oil wealth gave the African nation a powerful ally on the U.N. Security Council, and China would go on to veto, block or water down many resolutions on Darfur. Only recently has China allowed a resolution authorizing a large peacekeeping force in the region. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

11:00-7:00		6:00 PM		6:30		7:00		7:30		8:00		8:30		9:00		9:30		10:00		10:30		11:00		11:30			
LOCAL CHANNELS	WRC	4	News (N)			NBC Nightly News	Access Hollywood	The Biggest Loser Competitors get a day of star treatment and makeovers.								Law & Order: Special Victims Unit (N)				News (N)	Tonight Show						
	WTTG	5	News (N)	TMZ (N)		The Simpsons	Seinfeld	Bones "The Knight on the Grid" (N)				House "You Don't Want to Know" (N)				News (N)				News (N)	TMZ						
	WJLA	7	News (N)	ABC Wild News		Wheel of Fortune	Jeopardy! (N)	Charlie Brown				He's a Bully				Dancing with the Stars (S Live)				(:02) The Bachelor (N)				News (N)	(:35) Nightline (N)		
	WUSA	9	News (N)	Evening News		News	Entertainment	NCIS "Lost & Found" (N)				The Unit "Binary Explosion" (N)				Cane "The Exile" (N)				News (N)				Late Show			
	WDCA	20	Judge Judy (N)	Judge Joe Brown		King of Queens	King of Queens	The Academy (N)				Jail (N)				Jail	Every-Raymond		King of the Hill	Law & Order: Criminal Intent							
	WMPT	22	The NewsHour With Jim Lehrer (N)			Business Rpt.	Outdoors Md.	To Be Announced								Frontline				To Be Announced				Burt Wolf: Taste			
	WETA	26	BBC World News	Business Rpt.		The NewsHour With Jim Lehrer (N)		Nova "Master of the Killer Ants" (N)				Supernatural Science				Frontline "On Our Watch" (N)				Charlie Rose (N)							
	WHUT	32	World Business	Tavis Smiley		BBC World News	Moneywise	Mystery!				(DVS)				Rebuilding SF				BBC World News				Tavis Smiley	Charlie Rose (N)		
WDCW	50	My Wife and Kids	Family Guy		Two/Half Men	Friends	Beauty and the Geek (N)				Reaper "Charged"				Family Guy				Friends	Two/Half Men				Sex and the City			
BASIC CABLE	A&E		Cold Case Files			CSI: Miami "Death Grip"		CSI: Miami "Fade Out"				CSI: Miami "Skeletons"				CSI: Miami "Deviant"				CSI: Miami "Collision"							
	Animal		Big Cats With Nigel Marven			In Search of the King Cobra		The Big Squeeze				Almighty Amphibians				Animal Cops Houston Fighting dogs.				In Search of the King Cobra							
	BET		106 & Park: BET's Top 10 Live			Access Granted		Sunday Best (N)				Keyshia Cole				College-Interns	College-Interns				Keyshia Cole	Hell Date				Hell Date	
	Bravo		Real Housewives			Real Housewives		Real Housewives				Real Housewives				Real Housewives				Real Housewives							
	Comedy		(5:00) *** "Airplane!" (1980)			Scrubs	Scrubs	Daily Show				Colbert Report	Chappelle's Show				South Park	Bill Engvall: 15 Degrees Off Cool				Daily Show				Colbert Report	
	Court		World's Wildest Police Videos			Cops	Cops	Cops				Cops	World's Wildest				Phone Justice				Hot Pursuit (N)	The Investigators "Family Secrets"					
	Discovery		How It's Made	How It's Made		Man vs. Wild "Sahara"		Dirty Jobs Mike rounds up wild geese.				Dirty Jobs (N)				Everest: Beyond the Limit (N)				Storm Chasers							
	DISCH		Code Blue "Witching Hour"			Trauma: Life in the ER		Triplets and Quints				Mystery Diagnosis: Babies Special				Jon & Kate Plus 8				Jon & Kate Plus 8	Triplets and Quints						
	Disney		Cory in the House	Cory in the House		Hannah Montana	Zack & Cody	** "Snow Dogs" (2002) Cuba Gooding Jr., James Coburn, Sisco.				That's So Raven				Life With Derek	Zack & Cody				Hannah Montana						
	E!		Ty Pennington	Chelsea Lately		E! News (N)	The Daily 10 (N)	Over the Top				Soup Presents	Girl Next Door				Girl Next Door	Kimora: Fab				Kimora: Fab	E! News				Chelsea Lately (N)
	FX		(5:00) ** "XXX" (2002, Action) Vin Diesel, Asia Argento, Marton Csokas.			** "XXX: State of the Union" (2005) Ice Cube, Willem Dafoe. Premiere.		Nip/Tuck "Dawn Budge II" (N)				(:05) Nip/Tuck "Dawn Budge II"															
	HGTV		Small Space	If Walls Could		House Worth?	House Hunters	Designed to Sell				My Kitchen	Decorating Cents				24 Hour Design	House Hunters				Secrets That Sell	House Worth?				Hidden Potential
	Family		8 Simple Rules	8 Simple Rules		Grounded for Life	Grounded for Life	America's Funniest Home Videos				America's Funniest Home Videos				America's Funniest Home Videos				The 700 Club							
	History		Intrepid: On the Move USS Intrepid.			Modern Marvels: Mountain Roads		Modern Marvels: Snackfood Tech				The Universe The rings of Saturn.				Mega Disasters "L.A.'s Killer Quake"				American Eats Holiday foods.							
	Lifetime		Reba	Reba		Still Standing	Still Standing	Reba				Reba	"Fighting the Odds: The Marilyn Gambrell Story" (2005) Jami Gertz.				Will & Grace				Will & Grace						
	MTV		(5:30) Made	Made		The Hills		A Shot at Love With Tila Tequila				A Shot at Love With Tila Tequila				A Shot at Love With Tila Tequila (N)				Shot at Love				Tila Tequila			
NICK		Drake & Josh	Drake & Josh		Zoey 101	Ned's School	TEENick				Drake & Josh	Full House				Home Improve.	George Lopez				George Lopez	The Cosby Show				Roseanne	
SCI FI		Stargate SG-1 "New Order"			Eureka "Phoenix Rising"		Eureka "E-MC..."				Eureka "Sight Unseen"				ECW Is Punk still the Champion?				Mass Effect				Flash Gordon				
SPIKE		V.I.P. "Vallery's Secret"			CSI: Crime Scene Investigation		CSI: Crime Scene Investigation				CSI: Crime Scene Investigation				CSI: Crime Scene Investigation												
TBS		Friends	Every-Raymond		Every-Raymond	Every-Raymond	Family Guy				Family Guy	Family Guy				Family Guy	The Office				The Office	Frank TV				Sex and the City	
TLC		Miami Ink "Viva Las Vegas"			Miami Ink "Nothing Lasts Forever"		Miami Ink "No Regrets"				Miami Ink Ami struggles with anger.				Miami Ink Yoji bulks up. (N)				Miami Ink								
TNT		Law & Order "Fixed"	(DVS)		Law & Order "Thinking Makes It So"		Cold Case "Static"				Cold Case "The Key"				Cold Case "Fireflies"				Cold Case "Resolutions"								
USA		Law & Order: Special Victims Unit			Law & Order: Criminal Intent		Law & Order: Special Victims Unit				Law & Order: Special Victims Unit				Monk DNA evidence frees a man.				Law & Order: Special Victims Unit								
VHI		100 Greatest Kid Stars "Hour 2"			100 Greatest Kid Stars "Hour 3"		100 Greatest Kid Stars "Hour 4"				100 Greatest Kid Stars "Hour 5"				The Shot				America's Most Smartest Model								
SPAN	TELEM		Daniela	Noti-Telemndo		12 Corazones		Madre Luna				La Esclava Isaura				Pecados Ajenos					Noti-Telemndo	Decisiones					
	UNIV		Que Locura	Noticiero Univ		Yo Amo a Juan Querendón (N)		Amar sin Límites (N)				Destilando Amor (N)				Como Ama una Mujer					Primer Impacto	Noticiero Univ.					
SPORTS	ESPN		SportsCenter (Live)			College Basketball Maui Invitational Semifinal -- Teams TBA. (Live)		College Basketball Maui Invitational Semifinal -- Teams TBA. From Maui, Hawaii. (Live)								SportsCenter											
	ESPN2		NASCAR Now	Football Live		College Football Middle Tennessee State at Troy. (Live)										College Basketball CBE Classic Final -- Teams TBA. From Kansas City, Mo.											
	CSN		SportsNite	SportsNite		NBA Basketball Philadelphia 76ers at Washington Wizards. (Subject to Blackout) (Live)						SportsNite				SportsNite (Live)				Washington Post Live							
NEWS	CNN		(4:00) The Situation Room			Lou Dobbs Tonight		Out in the Open				Larry King Live				Anderson Cooper 360											
	FNC		Special Report			The Fox Report With Shepard Smith		The O'Reilly Factor				Hannity & Colmes				On the Record-Van Susteren				The O'Reilly Factor							
	MSNBC		Tucker			Hardball		Countdown With Keith Olbermann				Live With Dan Abrams				Lockup: San Quentin				Verdict: You Decide "Deadly Steps"							
MOVIES	AMC		(5:30) ** "Lara Croft Tomb Raider: The Cradle of Life" (2003) 'PG-13'			*** "Open Range" (2003, Western) Robert Duvall. Cattle herdsmen battle a ruthless rancher in 1882. 'R'										** "Young Guns" (1988) 'R'											
	TCM		Gildersleeve	(:45) ** "Gildersleeve's Ghost" (1944) Harold Peary.		*** "The Bad and the Beautiful" (1952) Lana Turner. 'NR'	(DVS)									(:15) *** "It's a Mad, Mad, Mad, Mad World" (1963) Spencer Tracy. 'G'											
	HBO		(:15) ** "Phat Girlz" (2006) Mo'Nique. Two large women look for love.			** "PU-239" (2006) Paddy Considine. 'R'		Golden Comp.				REAL Sports With Bryant Gumbel (N)				Mayweather				The Departed 'R'							
	MAX		(:15) * "Just My Luck" (2006) Lindsay Lohan, Chris Pine. 'PG-13'			** "Man of the Year" (2006, Comedy) Robin Williams.	'PG-13'									** "Smokin' Aces" (2007, Action) Ben Affleck, Andy Garcia. 'R'											
	SHOW		(5:55) ** "Lord of War" (2005, Drama) Nicolas Cage. iTV. 'R'			Brotherhood (iTV)		Dexter "Morning Comes" (iTV)				Weeds "Go" (iTV)				Weeds "Go" (iTV)	Vargas Count.				La Mujer						
	TMC		(:15) *** "The Big White" (2005, Comedy) Robin Williams. 'R'			(:15) *** "Saw II" (2005, Horror) Donnie Wahlberg, Tobin Bell. 'R'										** "Candy" (2006, Drama) Heath Ledger, Abbie Cornish, Geoffrey Rush. 'R'											
	STARZ!		Play It-Bone	** "The Da Vinci Code" (2006, Mystery) Tom Hanks, Audrey Tautou. 'PG-13'			** "Invincible" (2006) Mark Wahlberg. The story of football's Vince Papale.										(:10:50) * "Primeval" (2007) 'R'										
ENCORE		(5:05) *** "The Horse Whisperer" (1998) Robert Redford. 'R' 'PG-13'			** "The Program" (1993, Drama) James Caan, Halle Berry. 'R'										*** "The Fugitive" (1993, Suspense) Harrison Ford. 'PG-13'												



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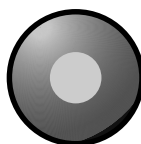


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# LOOK out

\* TRENDS, CULTURE, DISCOVERIES, IDEAS, PEOPLE

## Full House

### Travel

#### New casinos could turn Atlantic City into the Vegas of the East

Five years from now, you might not even recognize this place.

A burst of new, luxurious mega-casino projects to be built by 2012 is transforming the face of Atlantic City into a more futuristic — and crowded — gambling resort.

At least four companies are betting a combined \$9 billion that the makeover will help Atlantic City catch up with Las Vegas as a place to come — and stay — for more than just a quick round of gambling.

In early November, Revel Entertainment Group unveiled drawings of its new \$2 billion casino-resort, to be called "Revel." Due to open in the second half of 2010, the 710-foot-tall structure will be the tallest building in Atlantic City — at least for a while.

It will feature two thin towers standing perpendicular to the ocean, with as many as 3,900 rooms, and even Atlantic City's first casino wedding chapel. The interior complex, between the towers, is curved and rounded so that it looks as if it has been shaped by gentle ocean waves.

It will become Atlantic City's 12th casino and the first new one to open since the Borgata Hotel Casino & Spa debuted in 2003 and redefined the public's image of what the

INSIDE

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Kidman vs. photogs | 40



**BUILDING BET:** The MGM Grand Atlantic City resort will open sometime in 2012.

Las Vegas experience should look and feel like in New Jersey.

Hot on the heels of "Revel" will be other mega-casinos to be built by Pinnacle Entertainment, on the site of the former Sands Hotel Casino, opening in late 2011 or early 2012. The granddaddy of them all, a \$5 billion casino resort planned by MGM Mirage in the marina dis-

trict next to the Borgata, will be the largest project Atlantic City has ever seen when the first dice start tumbling in 2012.

The burst of new investment is the largest in Atlantic City since the start of casino gambling in 1978.

"Since the inception of New Jersey's gaming industry, there has been approximately \$12 bil-

lion of capital investment to date," said Joseph Corbo, president of the Casino Association of New Jersey. "While that is significant by any standard, what is very encouraging is that about \$4 billion of that investment was made in the past four years or so."

**"This is exactly the development cycle that Las Vegas has experienced."**

JOSEPH CORBO, N.J. CASINO ASSOC.

The new investment is not only attracting others interested in entering the Atlantic City market, but it's also forcing those casinos already here to spend more to keep up with the new competitors — or risk becoming irrelevant.

"This is exactly the development cycle that Las Vegas has experienced over the past 15 to 20 years, and is what Atlantic City is poised to achieve as well," Corbo said.

WAYNE PARRY (AP)

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# They're Not Loving It

## Business

### McDonald's owners balk at plan to add more coffee to menu

McDonald's Corp. executives came out swinging when they announced their assault on the comfy world of coffee shops.

After the success of its upgraded drip coffee — which even managed to snag a thumbs-up from testers at Consumer Reports earlier this year — the fast-food chain known for super-size meals is gearing up for a massive expansion into the world of lattes.

"We want to move from beverages as an accompaniment to being a beverage destination," Don Thompson, president of McDonald's USA, said in a meeting with analysts Tuesday. "Our speed, our convenience, the value that we can afford to customers without quality compromise will make us a formidable player."



McDonald's is now selling specialty coffee drinks in about 800 of its U.S. eateries.

But as it tries to cash in on the fast-growing specialty coffee market, the world's largest restaurant chain is already finding itself at odds with the unlikeliest of groups: its own franchise owners.

"There's a real groundswell of

resistance among the franchisees about this," said Richard Adams, a consultant for McDonald's franchise owners. He estimated the effort has a 50-50 chance of getting off the ground because of the opposition.

**“There’s a real groundswell of resistance among the franchisees [about selling more types of coffee].”**

RICHARD ADAMS, CONSULTANT

Store owners are balking at the plan's estimated \$100,000 price tag to cover renovations and initial new equipment. Many are concerned that little customer interest in McMochas means it could take years to recoup their investment, even on the famously high-margin coffee drinks.

"They're going to have whipped cream on their face," Adams said.

McDonald's said it's confident the new coffee will win over new customers and help individual stores boost annual revenue by about \$125,000 once the coffee products, along with new bottled drinks, smoothies and other bev-

erages are added to stores.

If McDonald's can persuade its franchisees to sign on, analysts say, it likely would thrive in the growing \$12 billion specialty coffee market.

About one in five Americans drinks some kind of espresso-based coffee each day, and the market is supposed to grow by at least 4 percent each year until 2011.

"With coffee gaining so much ground, McDonald's almost has to go there," said Sharon Zackfia, a restaurant and retail analyst with William Blair & Co. "The feeling that the coffee business is a single pie and everyone is fighting for different slices doesn't seem to acknowledge that the pie is growing."

In response, companies are scrambling to offer more steamy drinks and snacks.

Dunkin' Brands Inc. added espresso beverages to Dunkin' Donuts shops in 2003 and credits the full line of coffee drinks with helping its aggressive growth plans.

Canadian coffee chain Tim Hortons said customer demand for one-stop food and coffee shopping is growing.

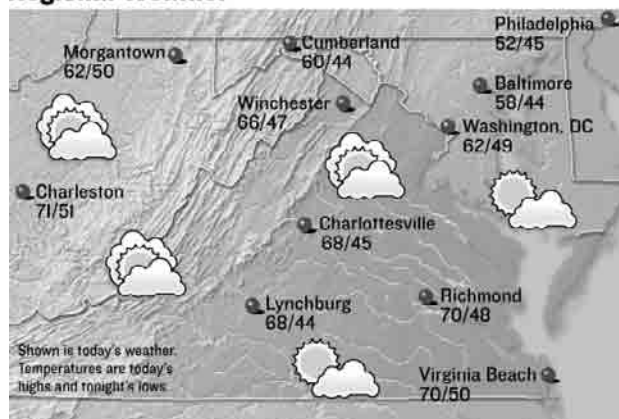
"I think we're all now competing in the same space," said spokeswoman Rachel Douglas. "I think the lines are blurring, and I think consumers are demanding that."

ASHLEY M. HEHER (AP)

### 5 Day Forecast for the Washington Area

Today	Tonight	Wednesday	Thursday	Friday	Saturday
62°	49°	68° / 53°	64° / 43°	48° / 33°	49° / 35°

### Regional Weather



Forecasts and graphics provided by AccuWeather, Inc. ©2007

### Almanac

Washington, D.C., through 4 p.m. Mon.

#### Temperature

High	47°
Low	43°
Normal high	56°
Normal low	39°
Average humidity	80%

#### Precipitation

24 hours ending 4 p.m.	0.00"
Month to date	1.35"
Normal month to date	1.93"
Year to date	29.54"
Last year to date	45.33"
Normal year to date	35.20"

For up-to-the-minute weather, see:  
[washingtonpost.com/weather](http://washingtonpost.com/weather)

### Regional Forecast

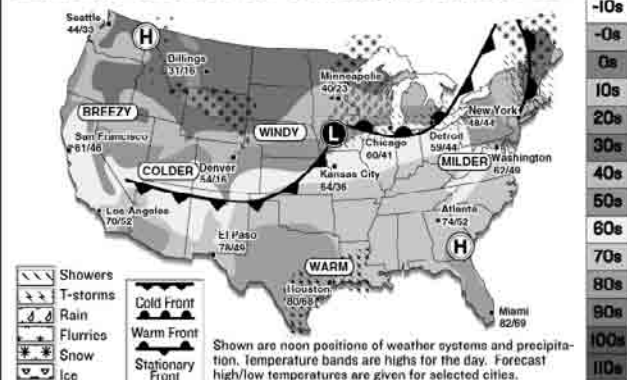
**D.C. Metro:** Today, partly sunny. High 62. Wind west-southwest 7-14 mph. Tonight, partly cloudy. Low 49. Wind light, variable.

### Sun and Moon

Sunrise today	6:56 a.m.
Sunset tonight	4:51 p.m.
Moonrise today	2:10 p.m.
Moonset today	2:01 a.m.

Full	Last	New	First
Nov 24	Dec 1	Dec 9	Dec 17

### National Weather for Tuesday, November 20



### National Cities

City	Today	Wed.
Atlanta	74/52/s	73/55/pc
Boston	44/38/c	54/45/pc
Chicago	60/41/c	43/31/r
Dallas	82/63/pc	66/41/r
Denver	54/16/pc	29/12/sn
Honolulu	80/68/pc	82/69/s
Los Angeles	70/52/pc	70/51/pc
Miami	82/69/pc	81/69/s
New York City	48/44/c	57/53/pc
Orlando	81/58/s	80/61/s
Seattle	44/33/pc	45/33/pc

### World Cities

City	Today	Wed.
Amsterdam	50/39/r	52/43/c
Athens	61/50/sh	61/52/s
Berlin	50/42/c	48/41/c
Buenos Aires	79/61/s	81/63/s
Calgary	31/9/pc	29/11/pc
Dublin	48/43/r	50/41/pc
Geneva	52/43/sh	57/44/r
Moscow	32/19/sn	25/18/sf
Rome	59/43/pc	61/48/pc
Sydney	79/69/s	79/65/t
Tokyo	57/46/s	58/45/s

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.



Styles

LOOK  
out

**DREAM DESIGNS:** From a girl desperately clutching a wind-swept dandelion to paper airplanes on trees, Sharp Shirter tees spring from Dan Lachman's imagination.

## A Bethesda-bred college student puts himself into his tees

Most welcome sleep as a refreshing break from the hectic daily grind. The same can be said for Dan Lachman, 21, although his snooze time can also be extremely productive.

"When I was drifting to sleep one day," says the Bethesda native, "I was thinking of how money doesn't grow on trees. For some reason, I started thinking about paper airplanes and then I was like, 'What if paper airplanes grew on trees?' I wrote it down, and the next morning thought it would make a really cool T-shirt idea."

It did, too: The design is Sharpshirter.com's best-seller.

The Internet is bursting at the seams with shirt sites, such as Busted Tees and Threadless, hawking hipster garb. Design-wise, ironic messages and cheerful line drawings dominate the field. But Lachman, a junior psychology major at Wesleyan University, found his niche in enigmatic, often slightly warped creations, like a bear with a tape player stuck on its head, or a menacing robotic bug.

It was during his junior year at D.C.'s Maret School that Lachman began what he likes to call his life as a "design hunter." He had ideas

# Sharper Image

but lacked the know-how to execute them. So, he started searching for folks who could capture his wacky dreamscapes on a wearable, 100-percent cotton canvas.

"I used to go to these word shirt sites and I sent them horrible shirt ideas," he says. Nobody bit. Frustrated, he turned to Craigslist. "I put up ads saying, 'I'll pay you 30 bucks if you design for me,' because I didn't have much money. I got hate mail from people saying, 'You're crazy, that's too little.'"

For a while, it looked as if the haters were right. Then, in May 2005, Lachman received an e-mail from Stephanie Gafke, a German exchange student at Marymount University. It was a perfect fit: Her visa didn't permit her to accept money for her designs.

As Gafke sketched, Lachman paid Web-savvy pals to set up his site, which launched in September

**"I've never met someone who is wearing my shirt. ... My brother has met three people. I get so mad when I hear it!"**

DAN LACHMAN, SHARPSHIRT.COM

2006. Gafke's first design — a dead-eyed bunny smoking a microphone — gave Lachman the cred to pursue additional talent. (The rabbit's still a hot seller.)

Today, Lachman works with 12 designers he's recruited from all over the world. "I haven't met any of them," he says. "A guy in Thailand is my main guy. I just picked up a guy from Sweden, Netherlands, Philadelphia, Wisconsin ... oh, the guy in Bolivia!"

Despite their far-flung locales, they all share a twisted view of the familiar. One shirt depicts a tiny girl hanging on for dear life to a dandelion, trying not to be blown away; another carries a fire hydrant that dispenses ... fire. Some designs spring from Lachman's own random musings, and others are the artists' own visions.

It was persistence more than inspiration that got his shirts into brick-and-mortar stores like Commander Salamander and Lord & Taylor, however. "I do whatever it takes," says Lachman. "With big-timers like L&T, cold-calling was my only option. It took me about a year to break in with them."

Now, with about 3,000 shirts sold, new patterns (he's up to a total of 12) and a women's line, Lachman's thinking ahead. Hoodies and perhaps underwear could be on the horizon, but first he wants to pimp your PC. "I'm about to debut a line of skins for laptops," he says. "You stick it on the back of your laptop so when you put it up, people will see the picture."

And he has another, simpler goal. "I've never met someone who is wearing my shirt. I got really close one time, but it turned out she'd stolen the shirt from one of my friends. My brother has met three people. I get so mad when I hear it!"

KRIS CORONADO (EXPRESS)

## Home



### The Smell of Success

Ah, the joy of apartment living: A friend's pad reeks of her upstairs neighbor's cigarette smoke. So, when we arrived with Crabtree & Evelyn's **WINTER BIRCH SCENTED SIMMERING CRYSTALS SET** (\$28, Crabtree-evelyn.com), we were greeted as heroes. First, you light a tea candle and place it on the "diffuser plate" inside the boxy ceramic holder. A tiny bowl filled with warm water settles snugly into the top, and then a dose of "Simmering Crystals" is stirred in. The candle keeps the fragrant fluid warm as the soothing smell of lavender and honeysuckle pervades the room. One peeve: Only one candle is provided. k.c.

## Beauty



### Get Figgy With It

Take it from Beyonce: "I don't think you're ready for this gelee ..." oh, wait. In December, Michael Kors debuts the **ISLAND CAPRI** line for those who want to smell like island jet-setters. This comes in the form of a figgy, tangy perfume (\$60, Neiman Marcus), a lip gloss (\$12) and a "body gelee" (\$28). The similarly fig-tasting gloss' sparkly magenta hue was a little scary in the tube but was subtle once applied. The body gelee (which makes us think of the classic J. Lo film "Gigli" — yikes!) was too waxy for our taste. When it came time to rinse away, it felt like insoluble butter. We ended up scraping clumps of it off with our nails. k.c.



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## site specifics

### SHOPPING

## Holiday Sales Tax Break

While some of you might be stuck in a tryptophan-induced slumber on Friday morning, others will be waking before dawn to get a jump on D.C.'s latest tax holiday. Express' Michael Grass has the details on how to take advantage of the break on "Black Friday." | COMING UP



### MUSIC

## Composing Chaos

Noise, by definition, is abrasive and senseless. It's something that nobody wants to hear. Thus, it's an inappropriate term to use when describing the music of Black Dice. Express contributor Aaron Leitko spoke with the Brooklyn-based electronic trio, which performs Tuesday at the Rock and Roll Hotel. | COMING UP

### FREE RIDE

## Metro Sells Its Surplus

Outdated maps, busted buses, old motor oil — that sounds more like the contents of a junkyard than a successful auction. But this kind of sale made Metro \$1.3 million last year. Find out more about how Metro turns trash into cash and how you can get your own piece of transit history. | COMING UP



## comment board

**“I think they** should go back to using only guns and deadly force. That way, if you do not listen the first time, ... you're dead.”

**AN ANONYMOUS COMMENTER**, WHO ADDED, "THAT WILL GET THESE 'MISUNDERSTOOD' ROBBERS/RAPISTS/MURDERS TO UNDERSTAND [THAT] YOU NEED TO LISTEN TO THE POLICE."

**“If you are** mouthing off at a cop and being unruly, causing unnecessary disruptions to others around [you], yeah, you deserve a little jolt of happiness.”

**COMMENTER AK**, WHO ADDED, "OBEY THE LAW AND RESPECT THOSE WHO PROTECT YOU AND THERE WON'T BE AN ISSUE."



## “Unless a person is violent

or a threat to others, the cops should try to find alternate methods to subdue an unruly person. Using a Taser should be an absolute last resort.”

**COMMENTER DANIELLE**, RESPONDING TO MONDAY'S POLL CENTER QUESTION, "SHOULD POLICE OFFICERS BE ALLOWED TO USE TASERS TO SUBDUCE CIVILIANS?"

## poll center

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YESTERDAY'S RESULTS (AS OF 5 P.M.)

SHOULD POLICE OFFICERS BE ALLOWED TO USE TASERS TO SUBDUCE CIVILIANS?

**YES** 62%

**NO** 38%

SEE HOW YOUR METRO STATION VOTED AT [READEXPRESS.COM/POLLCENTER.PHP](http://readexpress.com/pollcenter.php)

# Blog LOG

“The fastest-growing online audiences continue to be Latino and African-American. It is really time for us all to ‘keep up with the Garcias.’”

WASHINGTON CAPITALS OWNER TED LEONIS, BLOGGING AT [TED.AOL.COM](http://TED.AOL.COM), SAYS THAT THE ONLINE MARKETPLACE IS BECOMING MORE AND MORE DIVERSE.



EVAN AGOSTINI/AP



MATT SAYLES/AP

**“Rihanna’s dress** is wearing her, not the other way around, and Avril Lavigne clearly came as a Streetwalker Barbie.”

**JEZEBEL.COM** WRITES ABOUT THE BEST AND WORST DRESSED AT THE AMERICAN MUSIC AWARDS. THE BLOG SAYS THAT LAVIGNE, PICTURED LEFT, MUST HAVE THOUGHT IT WAS HALLOWEEN.



**“THERE’S A ‘SEASONAL’** aisle with depressingly generic decorations and the gifts only your least favorite maiden aunt would ever purchase. The patrons take out their anger and frustration with prison guard flourish. I don’t think I’d ever seen someone count pennies with petulance before.”

**SHANNONSTAMEY.BLOGSPOT.COM** HAS OBSERVATIONS ON LOCAL CVS STORES.

**“THE SPICE GIRLS** lip-synched on their first reunion gig last week. I am not sure what the big deal is all about. Everyone knows that the Spice Girls can’t sing.”

**ROCKERREPORT.COM** ISN’T VERY UPSET BY A NEW SPICE GIRLS CONTROVERSY.

**“THE COURTYARD** itself is an architectural marvel. The new undulating skylight gives the sensation of expansiveness and volume that one would miss from just an unroofed space.”

**DC.METBLOGS.COM** VISITED THE NEW NORMAN FOSTER-DESIGNED KOGOD COURTYARD AT THE SMITHSONIAN’S REYNOLDS CENTER DOWNTOWN.

## Discussions

## John O’Hurley

**JOHN O’HURLEY** — actor, TV host, toe-tapper and author of “Before the Dog Can Eat Your Homework, First You Have To Do It: Life Lessons From a Wise Old Dog to a Young Boy” — was online Monday and talked about his latest acting job, Thanksgiving Day’s National Dog Show, “Dancing With the Stars” and his book. And, of course, playing J. Peterman on “Seinfeld.”

**What kind of preparation do you go through for hosting the dog show? It’s not like acting, where you can memorize the lines.**

Every show each year is different,

with different dogs, so there’s always the excitement of seeing new dogs and, this year, new breeds, coming to the show. Fortunately, I have the expertise of David Frei, who is able to add his insight.

**When people stop you in the street, what do they most often bring up? Is it “Seinfeld,” your soap work, “DWTS,” your movie roles, what?** I would say 50 percent “Seinfeld,” 40 percent “Dancing With the Stars” and 10 percent “Family Feud.”

**Do you ever meet people who identified with your role as Mr. Peterman, and what did they say to you?** Many people have claimed to have someone the likes of J. Peterman as

their boss. I sympathize with them enormously for having to live that close to such lunacy.

**You may laugh, but I always watch the dog show with my dog Misti. What is your favorite breed of dog?**

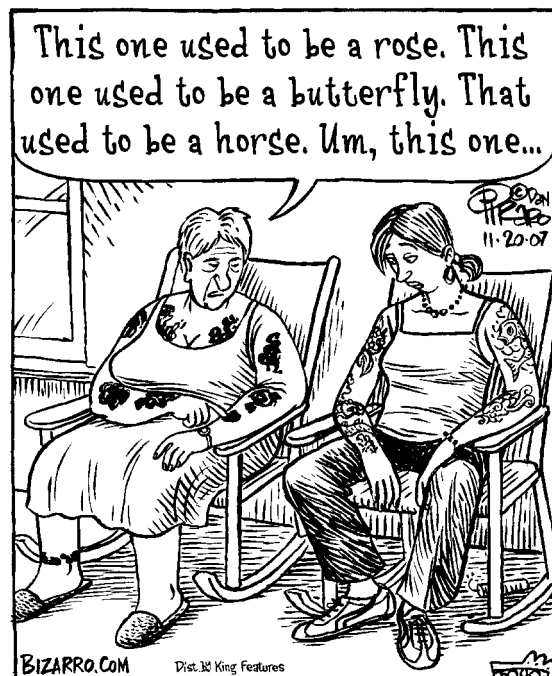
I’ve become sensitive to the incredible number of different breeds and the characteristics that are common to each, and I would say my favorite is the Cavalier King Charles. I think they represent the qualities I like best in a dog.

**TODAY ON DISCUSSIONS:** With “T minus 48 hours to go,” Kim O’Donnel is ready to help you with last-minute Thanksgiving preps at noon. | [washingtonpost.com/discussions](http://washingtonpost.com/discussions).

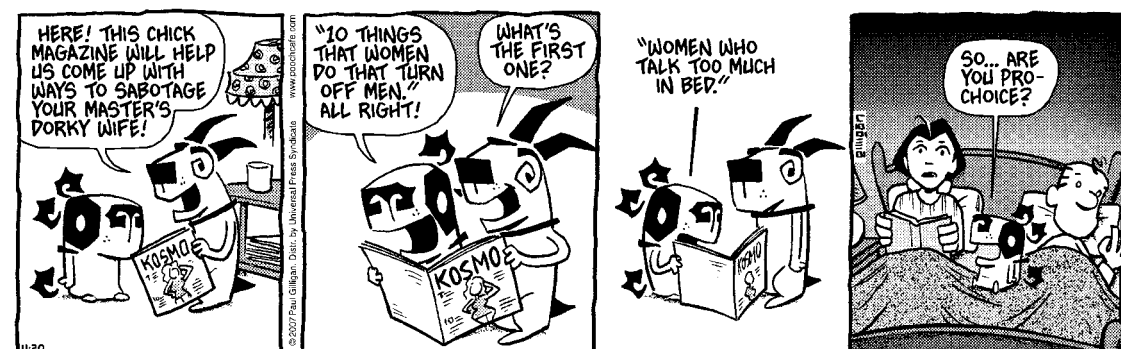
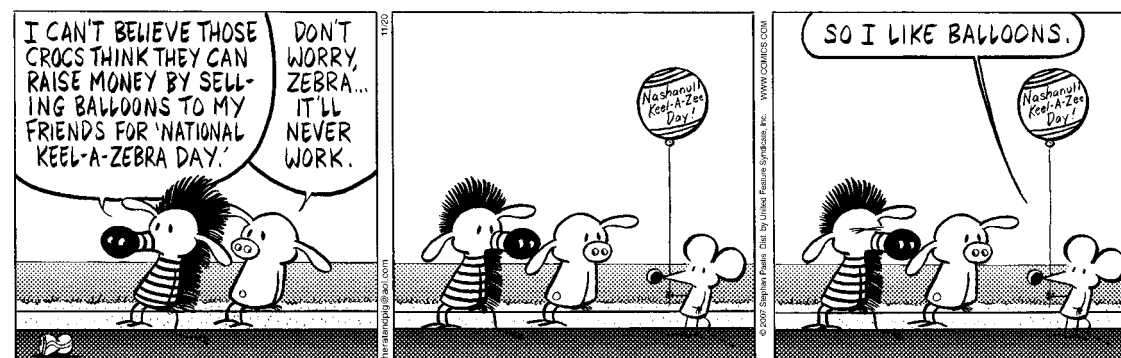
# DO

**GET READY TO HIT THE SNOOZE BUTTON, FREDERICK STUDENTS.** Frederick County Public Schools are considering changing their start time from 7:30 to 8 a.m., according to WTOP. New research presented to the school board has shown that specific teen hormones make them more tired in the morning.



**Bizarro** | Dan Piraro

**Cornered** | Mike Baldwin


"Trust me, most people would jump at an opportunity like this."

**Pooch Cafe** | Paul Gilligan

**Pearls Before Swine** | Stephan Pastis

**The Duplex** | Glenn McCoy


## Horoscope

By Stella Wilder

**SCORPIO (Oct. 23-Nov. 21)** What began as a playful romp may have become much more serious, and you will have to pay attention to developing situations with care.

**SAGITTARIUS (Nov. 22-Dec. 21)** You must take care that you don't throw a wrench into the works simply by trying too much too soon. Pace yourself; plan with care.

**CAPRICORN (Dec. 22-Jan. 19)** You should be able to make good use of any spare time you may have—and you can double up your efforts quite often.

**AQUARIUS (Jan. 20-Feb. 18)** You're feeling a little down—but not because you are yearning for something that is out of reach. Don't let yourself get stuck.

**PISCES (Feb. 19-March 20)** Cooperation may be more difficult to arrange than expected, especially when others are listening to a rival instead of yourself.

**ARIES (March 21-April 19)** During any downtime, you should tend to one or two personal issues that you've been

neglecting recently. Talk openly with a loved one.

**TAURUS (April 20-May 20)** You may find yourself giving instructions throughout much of the day. Be concise, clear and effective in all communications with others.

**GEMINI (May 21-June 20)** You'll have a chance to get together with someone you respect on level ground and test your ideas and theories in a safe but challenging way.

**CANCER (June 21-July 22)** Your own prosperity may be a major issue. Concentrate on pulling together all forces and channeling them toward one lucrative end.

**LEO (July 23-Aug. 22)** Reflect on where you have been, and look forward to where you are going. It's a good time to put all the pieces together in your mind.

**VIRGO (Aug. 23-Sept. 22)** The same thing over and over again would drive anyone to distraction, so you're going to want to find some pleasant diversions along the way.

**LIBRA (Sept. 23-Oct. 22)** This is a good day to put past problems behind you for good and to look forward to a period of increased enlightenment and cooperation.



Princess Elizabeth married Philip Mountbatten, Duke of Edinburgh, today in 1947.

## Today in History

**1789** New Jersey becomes the first state to ratify the Bill of Rights.

**1945** Twenty-four Nazi leaders go on trial before an international war crimes tribunal in Nuremberg, Germany.

**1947** Britain's future queen, Princess Elizabeth, marries Philip Mountbatten, Duke of Edinburgh, at Westminster Abbey.

**1967** The census clock at the Commerce Department

ticks past 200 million.

**1975** After nearly four decades of absolute rule, Spain's Gen. Francisco Franco dies, two weeks before his 83rd birthday.

**1997** Prodded by Russia, Iraqi President Saddam Hussein agrees to allow U.S. arms monitors back into his country, ending a three-week crisis that had raised fears of a military confrontation with the United States.

**2006** Ryan Howard of the Philadelphia Phillies is voted the National League's MVP.

**PostPoints** DAILY CODE **DF**



## OUT OF CONTEXT

## Mills Launches Boutique Milk Line; 'Rat' Is Favorite

**HEATHER MILLS** is steamed up over dairy products, citing the impact of livestock and deforestation on global warming. "We are the only species that drinks another person's milk, so why aren't we drinking rat's milk, or dog's milk, or cat's milk? That's how crazy it is," explained Mills, 39. "It's mad that we are having cow's milk. Even cows don't drink it after one year, but we continue forever," she added. (AP)



Taken out of context, Heather is an attractive, normal-looking person.

## ACTING OUT

## Actor Just So SICK of Being Mistaken for Orlando Bloom



**JONATHAN RHYS MEYERS**, star of "The Tudors," has been charged with public drunkenness and breach of the

peace at Dublin Airport. Rhys Meyers, 30, was arrested Sunday after police twice confronted him over his abusive behavior at an airport gate and at a desk of the British airline BMI. The airport police had to call Ireland's national police force, the Garda Síochána, after Rhys Meyers refused repeated requests to calm down. (AP)



## BULLY

## Mean Old Camera!

**NICOLE KIDMAN** told a courtroom Monday how she was reduced to tears and feared a car accident after a photographer pursued her two years ago. Kidman was testifying in the photographer's defamation suit against a Sydney newspaper. Kidman said she was "really, really scared" during the car ride and that she was "in tears and distressed" by the time she reached home. (AP)



"When I extend my neck like so, the ladies can see my sexy Adam's apple."

## TRANSLATION

## 'If Beady Eyes and Caveman Brows Are Sexy, So Be It'

**PATRICK DEMPSEY** is OK about losing out to Matt Damon as People's Sexiest Man Alive (the "Grey's Anatomy" star came in second). "He was robbed!" said Amy Adams at Saturday's "Enchanted" premiere. "He was robbed! That's what I think about that." "That's funny," injected Dempsey with a laugh. "Always a bridesmaid, never a bride." (AP)

# KAPLAN

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# LOOK out

## CROSSWORD | MIND BEHIND

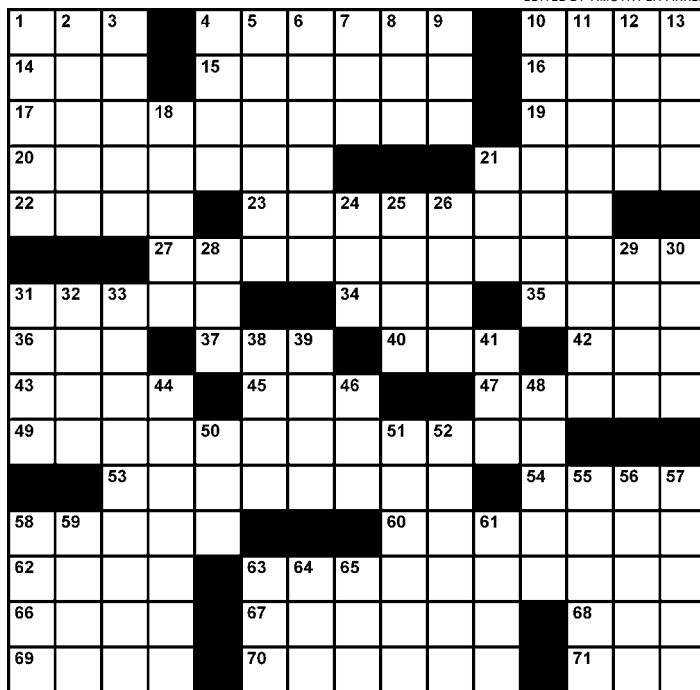
### ACROSS

1 \_\_\_\_ I Am (Dr. Seuss character)  
4 Traps by stealth  
10 Forest unit  
14 April number cruncher  
15 Hide out indefinitely  
16 "On Golden Pond" bird  
17 One way to be left  
19 Comfy cozy  
20 1920 Preakness and Belmont winner  
21 Computer programmer, e.g.  
22 \_\_\_\_ even keel  
23 Truman's state  
27 Place to find meat over a flame, briefly  
31 Past potentates  
34 Back on the boat  
35 Moses' river  
36 "Independence Day" assailants, for short  
37 Certain doctrine or theory  
40 As well  
42 Bossy's chew  
43 Campus marchers' org.  
45 Abet partner  
47 A round at the tavern, often  
49 What some win by  
53 Not one of the gang  
54 You must reed this?  
58 Midshipman's counterpart  
60 Parts of a service  
62 Way off base?  
63 Standard newspaper page  
66 Unvaried

67 Good books in hotels?  
68 Bronx cheer  
69 Peeping Tom, e.g.  
70 Tracy to Hepburn, often  
71 Unusual gift of sight

### DOWN

1 Bonehead  
2 Concerning bees  
3 \_\_\_\_ Carta  
4 "Begin the Beguine" bandleader  
5 Generic  
6 Astronaut with Armstrong and Collins  
7 Color of Mao's little book  
8 Continental abbr.  
9 Austin Powers, for one  
10 Nonwinner  
11 Presidential advisor, informally  
12 Bounder  
13 Bldg. contractor's hire  
18 Employee of the Month, e.g.  
21 Kind of scout  
24 Treadmill site, perhaps  
25 Refine, as flour  
26 Preminger of film  
28 Letters on a radial  
29 Hazy appearance  
30 Proof letters  
31 Bird over the waves  
32 Long Greek promenade

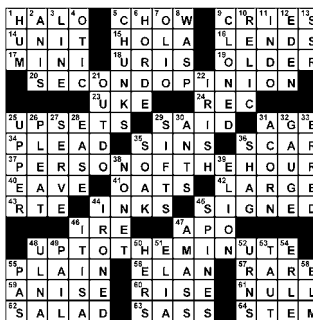


EDITED BY TIMOTHY E. PARKER

33 First domed ballpark  
38 Wise words  
39 Actress Rogers  
41 Kimono tie  
44 More like Simon Legree  
46 Parent, back and forth  
48 Methuselah's father  
50 Giant legend Mel  
51 Add more seasoning  
52 Egg quality  
55 Pioneer

bathyspherist  
William  
56 Popular cookies  
57 Legally block  
58 Check out, as a joint  
59 Vacationing, e.g.  
61 Gorby's former domain  
63 Brit. broadcaster  
64 Spanish river  
65 They make hosp. deliveries

### Yesterday's Solution



## SUDOKU | MEDIUM

Fill in the boxes so each row, column and 3-by-3 square includes the digits 1 through 9. See [www.sudoku.com](http://www.sudoku.com) for solution, tips and computer program.

### Need more Su/doku?

Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section Monday through Saturday.

### Yesterday's Solution

2	4	7	8	1	6	3	5	9
3	5	1	4	7	9	2	8	6
8	9	6	2	3	5	7	4	1
5	6	9	1	8	7	4	2	3
4	3	8	5	9	2	6	1	7
1	7	2	3	6	4	5	9	8
9	2	3	6	5	1	8	7	4
6	1	4	7	2	8	9	3	5
7	8	5	9	4	3	1	6	2

		7		3				4
	2				1	5		
			4	2				9
	8					3		
5	9			8			7	2
		3					6	
2				5	8			
		9	3				2	
1				7		9		

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PUBLISHER—CHRISTOPHER MA | GENERAL MANAGER—ARNIE APPLEBAUM | EDITOR—DAN CACCABARO | DEPUTY EDITOR—GREG BARBER  
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DARONA WILLIAMS, CLINTON YATES | WEB EDITOR—MICHAEL GRASS | EDITORIAL DESIGN—MARCIA HARDER, SCOTT ROSENBERG | COPY CHIEF—AIMEE GOODWIN | PRODUCTION SUPERVISOR—MATTHEW LIDDI | PHOTO ASSISTANT—CHRIS COMBS | PHOTOGRAPHER—MARGE ELY | PUBLISHED BY EXPRESS PUBLICATIONS LLC PO BOX 17370, ARLINGTON, VA 22216 | A SUBSIDIARY OF THE WASHINGTON POST COMPANY | TEL: 703-469-2800 | FAX: 703-469-2831  
CIRCULATION: 202-334-6992 OR CIRCULATION@READEXPRESS.COM | ADVERTISING: 202-334-6025 OR ADS@READEXPRESS.COM | CLASSIFIEDS: 202-334-6200



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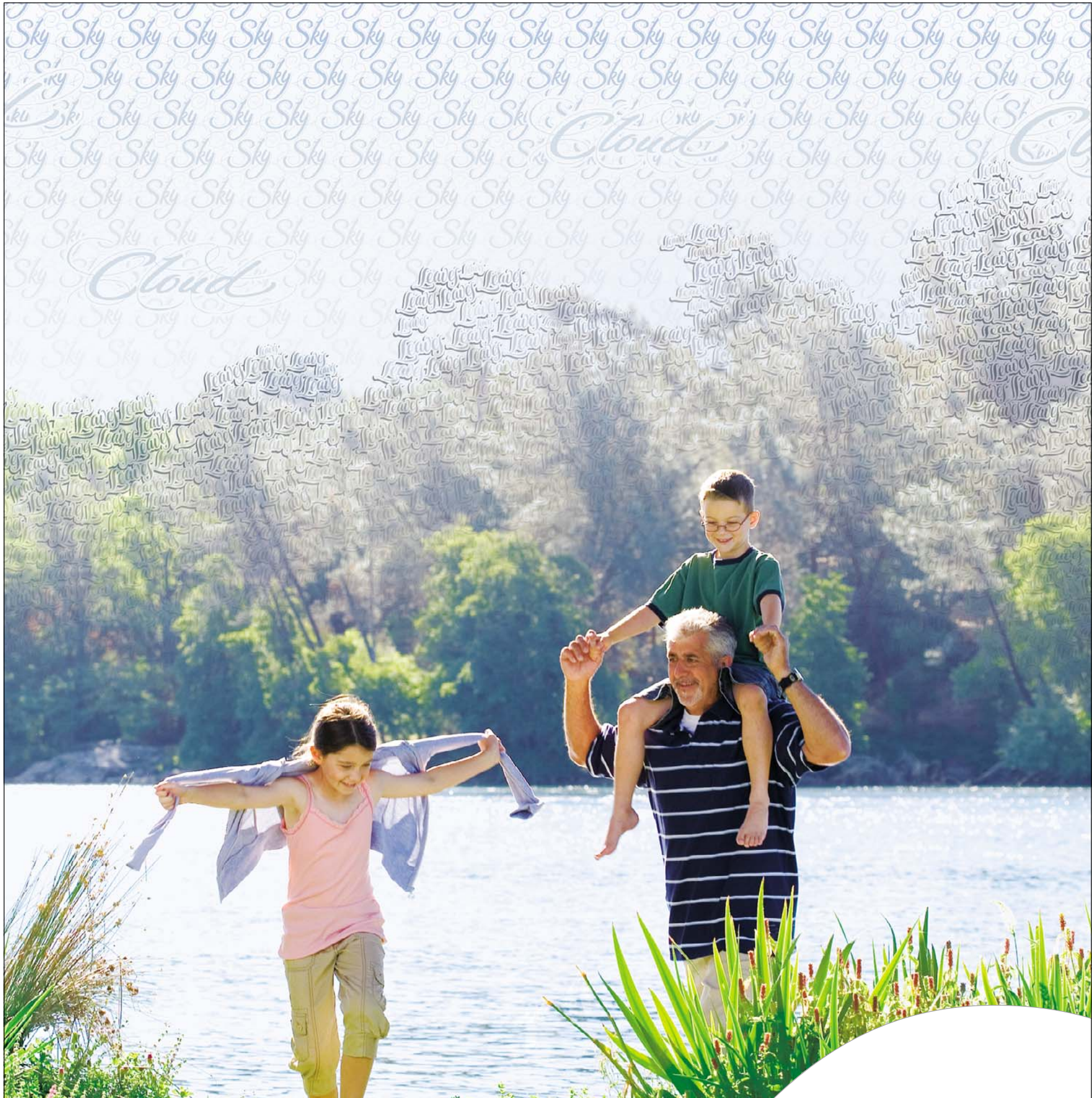
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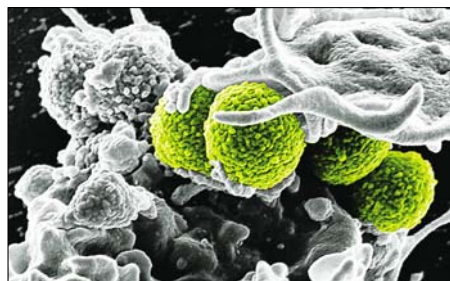
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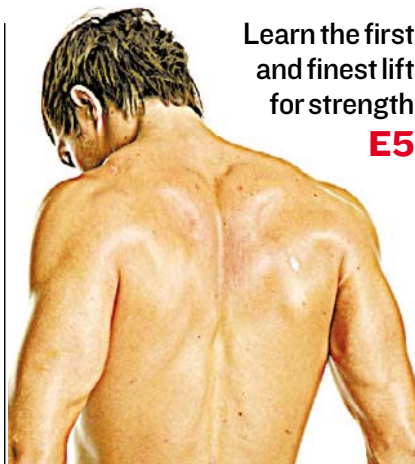




# fit



Lord, have MRSA!  
Don't freak about  
the superbug **E7**



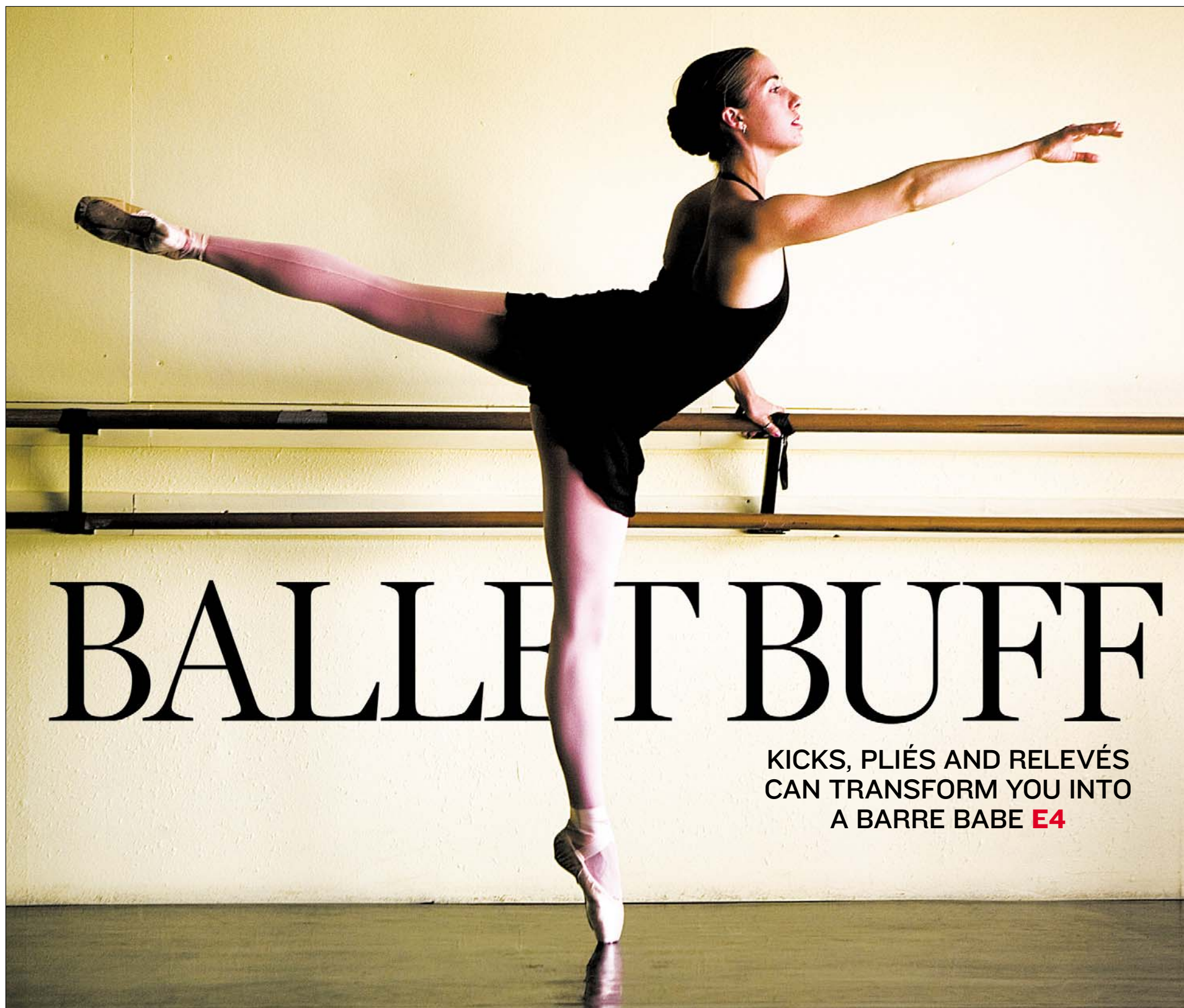
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Double dips get  
the OK after a  
recent study **E6**

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# BALLET BUFF

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A BARRE BABE **E4**



# BaggageCheck



GOT ISSUES? DR. ANDREA BONIOR WILL HELP YOU SORT THEM OUT

## Enlist Backup Against a Mean Mother-in-Law

**Q** I need advice on how to deal with an insensitive and difficult mother-in-law. I love my husband very much, and could not wish for a more supportive and caring man with whom to share my life, but his mother treats me poorly and I'm not sure how to handle this situation. I've been hurt by my mother-in-law so often that my blood pressure rises each time her name comes up in a conversation. Needless to say, this affects my marriage. I don't have relatives other than my husband's here in the U.S., and I worry when I think about the upcoming holidays.

—NO NAME

I feel like I've just been to Ikea: I've got two pieces here, and I'm not at all sure how they fit together.

If your husband is as supportive and caring as can be, then there's no better place to start than enlist-



"Hmmmm. That's not the way I would do it."

ERIC REECE

ing his help. In fact, I'm not sure why he doesn't seem to be playing a role in this thus far.

I know sometimes we can become oblivious to the havoc wreaked by those who raised us, but he's off the hook no more. Explain your feelings, not by attacking his mother, but by telling him how much you need him and how upset you feel, and how

you fear that this conflict is affecting your marriage. You need his support not only emotionally, but logistically, since he can eventually be responsible for interrupting his mother's soliloquies, declining invitations or having a sit-down with her about how her behavior needs to change.

Don't frame this as a choice between you and his mother.

Rather, show him that he needs to become the grease that makes you and Mom function together more smoothly — and sometimes help navigate an alligator-ridden moat between you. If he doesn't seem to get it, you'll need to work on asserting yourself and carving out a support system in your own way, perhaps with a professional — a road made much more difficult without his help.

## Moving Past Your Ill Deeds

**Q** After a painful breakup in February, I find myself thinking about my ex-girlfriend every day. I want to move on. I have a special person in my life right now and I don't want to hurt her with all this pain and loss. Truthfully, in the last relationship I lied, a lot, and my ex had had enough. I know I did this to myself. How can I recover from the hurt? And how can I deal with not being able to face myself each and every day? —ALONE

Like a particularly hot mustard, guilt can be very, very corrosive. It sounds like you're not just mourn-

ing your relationship, but also sitting with the unfinished business of having wronged someone — and (if I dare hope) finding that this does not jibe with the person you want to be.

To truly be able to move on, you're going to have to learn why you did what you did, and use that insight to help yourself grow. You don't need your ex's forgiveness, and you certainly shouldn't approach this as a method of getting her back. But if you haven't already conveyed your serious regret and apologies, doing so might help you move forward.

Another step on the Honesty Express would be to face whether you're truly ready to be in a relationship right now — if it's even fair to you and your new partner — when you've got such stuff to work out.

Oh, and regarding said stuff? There's no better place to come to terms with mistakes you feel you've made than in a counselor's office.

**@** Want more Dr. Andrea? Read her online column every Wednesday or submit a question anonymously at [Readexpress.com/baggage](http://Readexpress.com/baggage). Or send your queries to [baggage@readexpress.com](mailto:baggage@readexpress.com).

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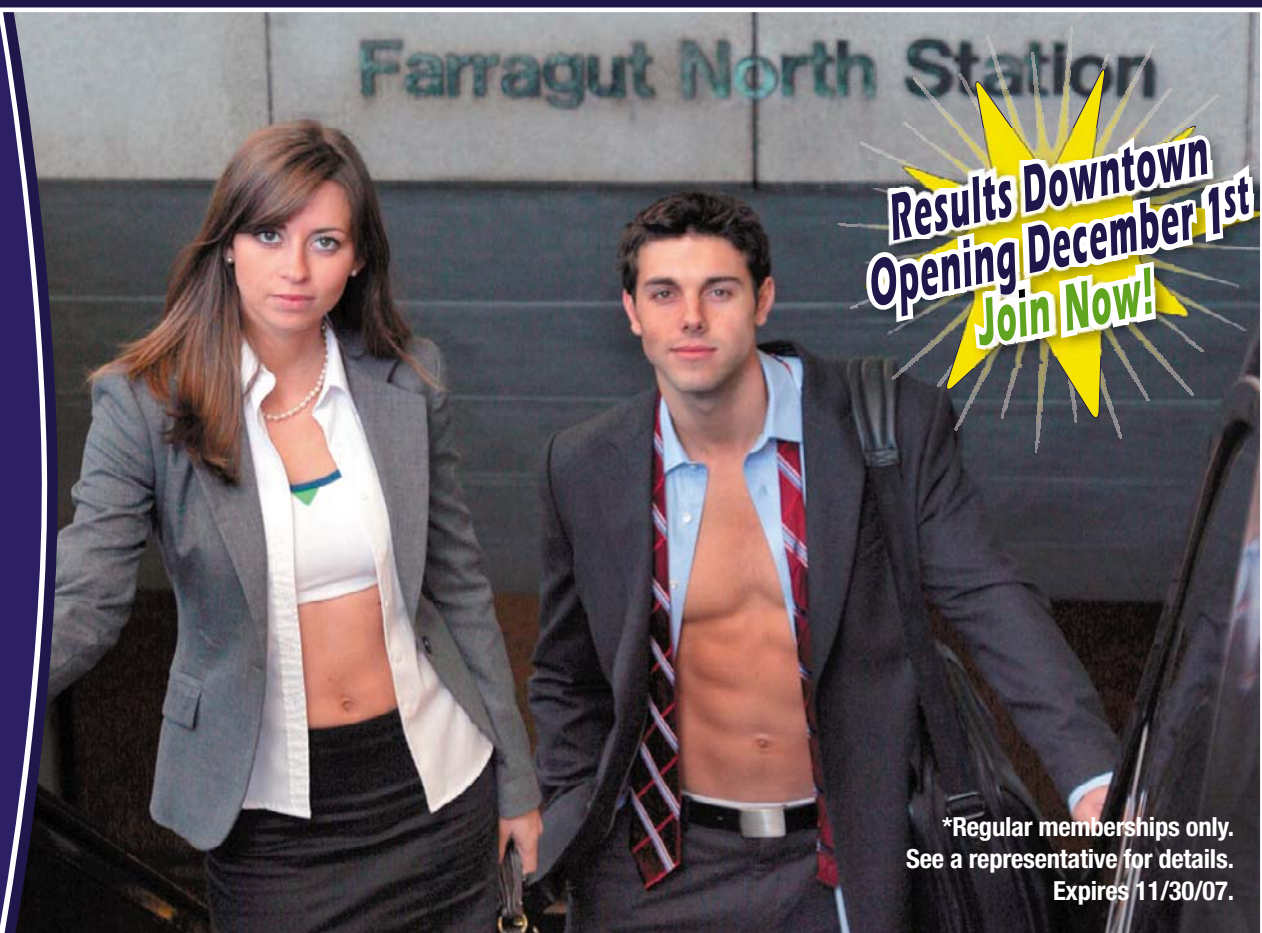
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IN HEALTH  
**warm  
ups**



### WIN BY A NECK

Other than propping up your head, the neck's duties are minimal during most workouts. Keep it busy by holding on to your iPod with nekFIT (\$34, Nekfit.com), a device worn between the shoulders. It's lighter than a pair of Ray-Bans, prevents wires from twisting and keeps your Nano from knocking into you.



### JUICE THE JOINT

When you're hurt, you move gingerly. So, why not try to ease your pain with ginger? Joint cream ZingiberRx (\$25, Healthsonix.com) is derived from the stem of a Southeast Asian herb in the ginger family known for its pain-killing properties. We just think it smells like salad.



### KIDDING AROUND

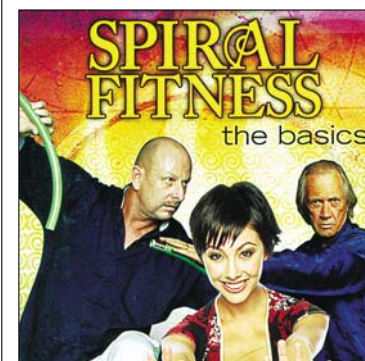
Bethesda-based beverage producer Honest Tea saw a need for organic, low-sugar drink pouches for the elementary school set. And thus was born Honest Kids (\$5.79 for 8, Honesttea.com). They're surprisingly youth palate-friendly, even with just 40 calories per bag.



### ON THE MAP

Nature isn't too hard to find around D.C. if you know where to look. Just pop the local edition of Weekend Explorer 3D mapping software (\$30, Nationalgeographic.com) into your PC or Mac. Zoom around from the Blue Ridge to the Eastern Shore, and print a custom guide.

## GUINEA PIG



### Spiral Load

■ A "spiral knot" may look like a hollow length of gently curved green tubing. But it's oh-so-much more, according to inventor Rob Moses, who happens to be David "Kung Fu" Carradine's long-time teacher. Moses, his lithe daughter Marissa and Carradine share the wonders of this object on "Spiral Fitness: The Basics" (\$15, Danceandmartialfitness.com, where the Spiral Knot is also available for \$25).

The DVD cuts between lessons on working with the tube—how to roll your wrists with it, change hands easily, use it like a sword—and dream-like moments in which Moses and Carradine show off fancier footwork. (In one, a large dog lumbers into the frame to look longingly at Carradine.) Watching with an open mind, it's hard not to want to send the knot soaring like a "shrimp in Jell-O" as instructed, and all of that up and down movement gets the heart pumping. But when the class time ends and the DVD devolves into a series of music videos—mostly reggae and hip-hop—it becomes too wacky even for a shrimp believer. VICKY HALLETT (EXPRESS)



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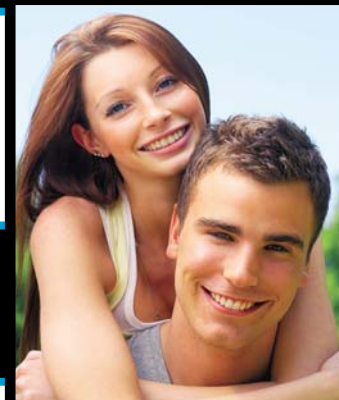
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## THE MISFITS

## Bye, Bag Lady

**Q** I've recently lost 25 pounds and would like to lose 15 to 20 more. Right now, my pants look better but could look great if I didn't have the most horrendous saddlebags on my outer thighs (and extending to the lower, outer buttocks). Any tips on getting rid of these? I do Jazzercise and yoga, walk, bike and swim. — ANONYMOUS

■ Flab has many annoying traits, but the worst is probably that it goes wherever the heck it feels like. And it seems to have mistaken people's rear ends for the south of France, because once it's there, it never wants to leave.

But Adam Wharton, area fitness director for Bally Total Fitness, reviewed your routine and says, "The big missing element is resistance training." It's true that each Jazzercise class includes weight lifting. But it's still mostly a cardio workout, especially if you're not increasing your dumbbell weight over time.

At least twice per week, Wharton would like you to complete this circuit: squats, lunges, push-ups, dumbbell rows, dumbbell shoulder presses, dumbbell biceps curls, body weight dips and plank position — with just 20 seconds between each set. Fatiguing each muscle group while keeping your heart rate up will maximize the calories burned, he says. As you add muscle mass, you'll use up more calories throughout the day, which will further deplete that junk in your trunk.



Vicky Hallett is one of the MisFits, the fitness team for The Washington Post's Health section. Find more of her answers to reader questions on page F3 of The Post every other Tuesday, alternating with personal training insights from her gym buddy, Howard Schneider. Contact the MisFits at [misfits@washpost.com](mailto:misfits@washpost.com).

## VITALSTATS

10

THE NUMBER OF MINUTES OF SOCIAL INTERACTION NEEDED TO IMPROVE MEMORY, SAYS A STUDY BY UNIVERSITY OF MICHIGAN RESEARCHERS.



**HOME STRETCH:** Suzanne Farrell's dancers work on their flexibility at the barre. But you can do the same move with a chair.

## Tighten Up in Tights

Don't just watch ballet this winter: Belly up to a barre yourself

Family members fall into two camps during the holidays: the ones who want to watch bowl games and the ones who'd rather dance off to "The Nutcracker" and its ilk. The grid-iron crew probably thinks its stars are the ultimate physical specimens (perhaps because they grunt?), but ballerinas manage to complete their equally challenging feats with nothing but smiles.

"A lot of the effort is to appear effortless," says Bonnie Pickard, a principle dancer with the Suzanne Farrell Ballet, which is appearing at the Kennedy Center through Nov. 25.

She and her fellow company members say there's no better way to shape up than by donning tights and taking a ballet class — which they do every day, even when they're not on the road with the Farrell crew.

Those perfect legs are not born, but earned through hours of perfecting basic moves. There's the plié, for example, a turned-out squat that works the thighs, quads and glutes; it can be little (demi) or deeper (grand). "With a big plié, we can jump higher, and we can protect ourselves when we land," explains another principle dancer, Runqiao Du.

Aerobics class regulars will find other familiar steps at the barre. Instead of robotic leg lifts, dancers perform fluid dégagés. For variations, they can bend one leg so their toe is tapping their opposite knee

before extending out (that's a *développé*). Or they can raise their legs to nose level for a grand battement.

And who needs toe raises when

**“With a big plié, we can jump higher and protect ourselves.”**

you spend so much time in *relevé*, in which dancers rise to their toes? (Without proper shoes and years of training, don't try going en pointe — up on the very ends of your toes. Standing normally on your tiptoes will have the same strengthening effect on your calves.)

Other moves are ballet-specif-

ic and deceptively simple, like the *tendu*, which requires sliding a foot to the front, back or side quickly until just the pointed toes are left on the floor. Do enough, and you'll feel it. "You'll be sore in a new way with each dance because of a certain step. It pretty much takes care of everything," Pickard promises.

## LEAPING RIGHT IN

→ You don't need to have worn a leotard in your youth to chassé today. Adult intro ballet lessons are available at American Dance Institute (1570 E. Jefferson St., Rockville; 301-984-3003; [Americandance.org](http://Americandance.org)), Joy of Motion (several area locations, [Joyofmotion.org](http://Joyofmotion.org)), the Washington School of Ballet (3515 Wisconsin Ave. NW; 202-362-3606; [Washingtonballet.org](http://Washingtonballet.org)) and — despite the name — Maryland Youth Ballet (926 Ellsworth Drive, Silver Spring; 301-608-2232; [Marylandyouthballet.org](http://Marylandyouthballet.org)). Or, use a chair instead of a barre with the new DVD "Element: Ballet Conditioning" (\$15).

Just think of the rest of the ballet bod. Without a single crunch, their midsections are also rock-solid. "For all of ballet, the core is engaged," explains Ashley Hubbard, a soloist. Even when they're not kicking their legs to the ceiling or spinning on one toe, ballerinas stand in a manner that keeps the stomach and glutes activated. Holding those arms up and out to the sides requires an incredible amount of upper-body strength, too.

Male dancers might spend a little time in the weight room — "in a lot of ballet these days, guys have no shirts on," admits Du — but lifting ladies is a killer workout on its own. "The French codified everything. The goal is for you to look as good as possible," he says. Even if he could get ready for the stage in a regular gym, Du would chose a studio with a barre any time. "You don't have loud machines or CNN going on. It's very serene," he says.

And although it can be physically demanding to the extreme, ballet doesn't feel like exercise to those who are smitten. "We do a lot of repetitions, but we do it through movement to music," Pickard says. That can make even a leg lift an artistic expression.

VICKY HALLETT (EXPRESS)





# Strength in Seconds

Transforming your body is as simple as picking up a heavy weight

In the late 1800s, a simple exercise called the health lift was believed to provide the only physical fitness a man needed. It was very simple. Pile heavy objects onto a machine, and then lift it. Workout completed.

Today we have another name for that exercise: the deadlift. And it's still king for developing total-body strength and muscle. But most 21st-century men avoid deadlifts because we've been told, rightly so, not to lift with our backs.

Sure, you can lift without your back, much like you can speak without your tongue. But it's not very effective. The deadlift works wonders on your physique for the exact reason the move's opponents avoid it: It requires a team effort from hundreds of muscles, including those in your lower back. As a result, you become more proficient at a basic human movement. Taking out the trash? Deadlift.

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## Potato-Sack Squat

There's a subtle difference between deadlifts and squats when you're learning how to do them. Typically, when you hold the weight down in front of your body, the move is a deadlift. When you hold it across your shoulders, it's a squat.

An exercise called the potato-sack squat is a sort of hybrid. You can do this move with a dumbbell or, yes, a bag of potatoes.

Stand holding a dumbbell — use a 20- or 30-pounder to start — with both hands under the top of the weight and your arms hanging straight down in front of your body. Keep your chin and chest up and your shoulders back. Next, lower your body until the weight touches the floor. Then stand back up. You should get the hang of it within three or four repetitions.

## Sit Back and Relax

Once you've done a set of potato-sack squats, try another set, but this time slide two 10-pound weight plates under your toes so the balls of your feet are on the plates and your heels are on the floor.

Doing the exercise this way stretches your hamstrings and calves, and, more important, trains your body to stay upright. Men have a tendency to let their weight creep

forward over their toes, and that's when back injuries often occur. By keeping your weight on your heels and pressing into the floor every time you do the deadlift, you'll reduce your risk of injury.

## Prep for Big Muscles

You're going to do the potato-sack squat once more, this time on an elevated surface. Stand with each foot on a box that is about 6 inches high, or on a pair of 45-pound plates. An aerobics step will work, too.

Now, perform the potato-sack squat. When you touch the dumbbell to the floor, your hips will drop deeper than they did before, so you'll expand your range of motion and your muscle-building potential.

## It's Deadlift Time

Place two 45-pound plates on a barbell, then pick it up and put it down. Keep these cues in mind.

- Keep arms straight, elbows locked
- Drive your chin toward the ceiling as you lift the weight
- Press down on your heels
- Elevate your chest

Experiment by holding the barbell with different grips and widths. Variations help you improve faster.

DAN JOHN (REPRINTED WITH PERMISSION OF MEN'S HEALTH MAGAZINE © RODALE INC.)

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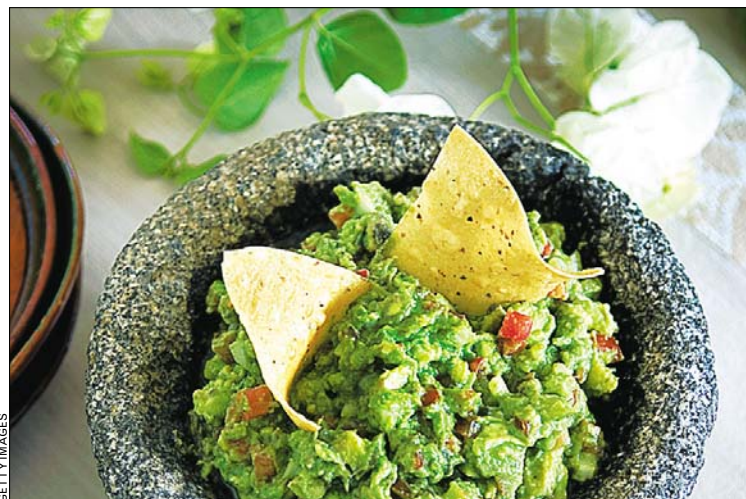
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## Once Bitten, Twice Dipped

An American U. study gives the ultimate party foul a reprieve

It's tough not to grimace when Uncle Melvin sticks his Ritz into the artichoke dip after taking a slobbering chomp. But before you ban him from family functions, consider the latest scientific research.

Nancy Zeller, director of Biology Teaching Laboratories at American University, has addressed some of the most pressing issues of modern times, including the validity of the five-second rule (it depends on the food you drop and the floor you drop it on). This past summer, she and her students turned to double-dipping. How much bacteria would repeated bites bestow? The answer proved shocking: Not much.

"You're using your teeth, so you

don't touch it with the lips or inside of your mouth. You're not introducing much saliva," Zeller explains. So, though her team was thorough — they carefully returned their bitten chips to the dip, then let it all sit for an hour in a warm environment — when they swabbed the samples, the amount of extra bacteria was negligible. Salsa, guac and a warm spinach-artichoke dip were virtually free of ick. Only a dairy concoction resulted in any petri-dish action.

Salsa samplers do need to understand, however, that Zeller's team was testing for bacteria, not viruses, so stay away if Ms. Sniffles has been hovering. Also, they tested only commercially prepared dips packed with salt and preservatives, which may be why they came out clean. While additives are scary in their own right, Zeller cautions that homemade treats probably would not fight bacteria as effectively.

VICKY HALLETT (EXPRESS)



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# Mellowing Out About MRSA

The 'superbug' isn't as scary as media reports make it out to be

There are all sorts of unwanted guests you could drag to Thanksgiving dinner — an obnoxious roommate, for example, or a bulging bag of laundry. Hysterical media reports to the contrary, methicillin-resistant *Staphylococcus aureus* (aka MRSA) probably won't be one of them. Gary Simon, director of George Washington Medical Center's Division of Infection Diseases, cleared up some misconceptions. VICKY HALLETT (EXPRESS)

**How likely is it that the average person will get MRSA?**

First, you have to define the word "get." Thirty percent of us carry staphylococcus, but most of us are just carriers. There's no clear-cut reason why some people get sick.

**And what are the chances that someone who's infected will die?**

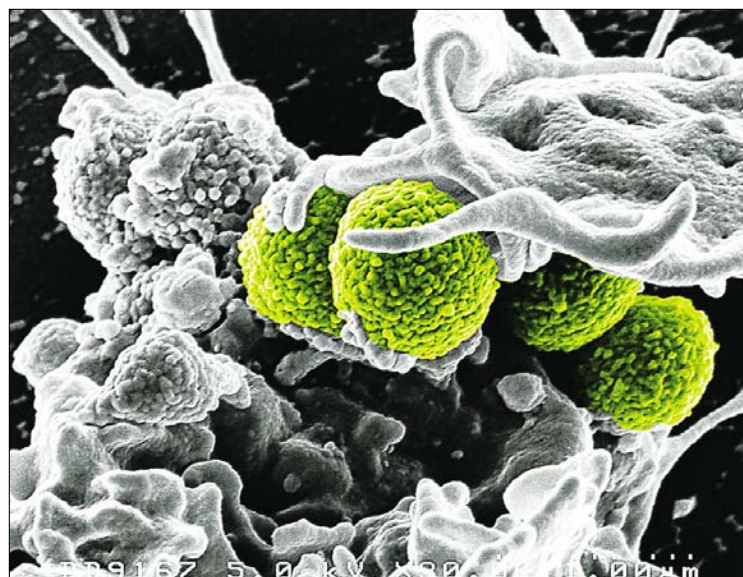
Exceedingly low. Less than 1 percent. Most people who get infected are cured. The biggest misconception is that it's resistant to all antibiotics. It's not. There are at least six that can be used to fight it.

**How do you avoid getting infected in the first place?**

Wash your hands. Wear clean clothes. That's it.

**One symptom has been described as looking like a pimple. How do you know it's more than a pimple?**

It looks like an inflamed boil —



This is an image of MRSA interacting with a human white cell. But don't freak out!

not a simple pimple. If you think you have an infection, you go to the doctor, then the doctor will deal with it.

**Gyms are high-risk, right? Why?**

I think calling them high-risk is a stretch, but when you sweat, there's more staph. The kids really just need

to wash their gym clothes. Should you spray down the handles after you work out? Yes, but do it to be considerate, not because of MRSA.

**Are the hospital-acquired and community-acquired strains the same?**

They're slightly different. The first has been around for 40 years, while the latter is more recent, and slightly more virulent.

**How much is this outbreak due to antibiotic overuse?**

We overuse antibiotics, but we're not going to stop using them. The other choice is to have people die before bacteria become resistant. Any use creates resistance, and overuse will create more resistance.

**Are there similar bugs out there?**

There are all kinds. There's multi-drug resistant tuberculosis. This is just the one getting all the press.

**How concerned should we be?**

First, we can worry about Iraq, the economy and climate change.

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